



FABS

FACE AND BODY SURGERY

15th & 16th May 2020

1 WIMPOLE STREET,
ROYAL SOCIETY OF MEDICINE,
LONDON

www.fabscongress.com

#FABSCongress2020

Conference Co-Chairs

Alwyn D'Souza

Consultant ENT, Head and Neck &
Facial Plastic and Reconstructive
Surgeon, University Hospital Lewisham

Stephen Hamilton

Consultant Plastic Surgeon, Royal Free
Hospital, London

Foued Hamza

Plastic Surgeon, Paris

Ash Mosahebi

Consultant Plastic Surgeon, Royal Free
Hospital, London

**Bringing together face and body
specialists for innovations in
aesthetic and plastic surgery**

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GENERAL INFORMATION

Friday 15th and Saturday 16th May 2020

1 WIMPOLE STREET, ROYAL SOCIETY OF MEDICINE, LONDON

Type of event

Face and Body Surgery Congress, a 2-day scientific meeting, will focus on facial and body contouring surgery from a multidisciplinary perspective, with contributions from Plastic, ENT, Maxillofacial, Oculoplastic and Breast Surgery.

Key themes

Delegates are welcome to attend sessions from either stream.

- The FACE stream will include topics on face lifts, midface, eyes and rhinoplasty.
- The BODY stream will include topics on abdomen, breast, buttock and lower body.

Who should attend?

This conference is designed for general, GI, colorectal, plastic, reconstructive and aesthetic surgeons working in clinics and private practices, as well as specialist nurses and clinical managers.

Call for abstracts

Delegates are invited to submit an abstract for the chance to display your work as a poster at FABS Congress 2020. All poster presenters will get their abstract published in the conference handbook and will receive a certificate of presentation. The best poster will be voted for by the audience and the winner will receive a prize.

Submit your abstract of no more than **500 words** by **Friday 22nd November 2019** at;

www.fabscongress.com/abstracts

Scientific Committee

Alwyn D'Souza	Consultant ENT, Head and Neck & Facial Plastic and Reconstructive Surgeon, University Hospital Lewisham
Stephen Hamilton	Consultant Plastic Surgeon, Royal Free Hospital, London
Foued Hamza	Plastic Surgeon, Paris
Ash Mosahebi	Consultant Plastic Surgeon, Royal Free Hospital, London

Confirmed faculty

Foad Nahai, [USA](#) | Katarina Andjelkov, [Serbia](#) | John Yousif, [USA](#) | Romeu Fadul, [USA](#) | Bouraoui Kotti, [Tunisia](#) | Ibby Younis, [UK](#) | Alexandra Condé-Green, [USA](#) | Daniel Ezra, [UK](#) | Tim Brown, [Australia](#) | Alex Karidis, [UK](#) | Constantino Mendieta, [USA](#) | Amin Kalaaji, [Norway](#) | Thierry Van Hemelryk, [France](#) | Alexander Aslani, [Spain](#) | Yves Saban, [France](#) | Nimrod Freidman, [Israel](#) | Bahram Shahidi, [Switzerland](#) | Nuri Çelik, [Turkey](#) | Tim Woolford, [UK](#) | Fazil Apaydin, [Turkey](#) | Alexander Aslani, [Spain](#) | Jag Chana, [UK](#)

Contact us for more information

- Tel: + 44 (0)20 7501 6796
- Email: georgia.peart@markallengroup.com
- Web: www.fabscongress.com

Friday 15th May 2020

Session 1

- Use of biotherapies in face and body surgery **Ash Mosahebi**
- Efficiency in plastic surgery

Session 2

- Best practice updates on fillers **Bourouei Kott**
- Management of skin for surgeons
- Facial aesthetic & aesthetic concept: clinical application, Botox and fillers **Bahram Shahidi**

Session 3

Stream 1: Body

Abdomen

- Abdominoplasty details based on presenting anatomy – a new look at anatomy and how to refine your procedure
- Liposuction with abdominoplasty **Alexander Aslani**
- 3D-Lipo **Constantino Mendieta**

Stream 2: Face

Face lifts

- Technical tricks to make your face lift go smoothly **John Youusif**
- Deep plane facelift made safe and time efficient
- Forehead: techniques and indications, pros and cons
- Threads

Session 4

Stream 1: Body

Abdomen

- Invasive vs non-invasive **Alex Karidis**
- Total body restructuring, welcome to cyber sculpting (a new you) – a new dimension in body sculpting **Constantino Mendieta**
- Garments: pros vs cons and drains vs no drains **Tim Brown**

Stream 2: Face

Midface

- The anatomy of facial aging and the midface lift **John Youusif**
- Facial fat compartments of the face and volumisation **Romeu Fadul**
- Management of heavy neck

Session 5

Stream 1: Body

Breast

- Combining fat & implants **Ibby Younis**
- New frontiers in fat transfer
- Limits of autologous breast augmentation **Alexandra Condé-Green**
- ALCL: Smooth vs textured implants **Stephen Hamilton**

Stream 2: Face

Eyes

- Understanding the upper eyelid: take a closer look
- Blepharoplasty: anatomy and importance **Foad Nahai**

Session 6

Stream 1: Body

- Buttock and lower body
- Brazilian butt lift
- Buttock augmentation: gluteal aesthetic and evaluation **Constantino Mendieta**
- Anatomical and physiological **Katarina Andjelkov**

Stream 2: Face

- Rhinoplasty
- Medical rhinoplasty: indications and limitations **Bourouei Kotti**
- Preservation rhinoplasty: an overview **Jose Carlos Neves**

Session 7

Stream 1: Body

- Abdomen Video Workshops

Stream 2: Face

- Rhinoplasty Video Workshops
- Deviated nose **Fazil Apaydin**
- Refinement procedure in rhinoplasty **Alwyn D'Souza**
- Preservation techniques **Yves Saban**

Session 8

Stream 1: Body

Breast & Buttock Video Workshops

Stream 2: Face

Facial Aesthetics Video Workshop

- Injectables: basic techniques
- Injectables: advanced techniques
- Skin resurfacing: heat technologies

FABS Welcome Reception and Social Function

Saturday 16th May 2020

Session 1

Stream 1: Body

Abdomen

- Safety in abdominoplasty **John Youusif**
- Tummy tuck after massive weight loss **Ibby Younis**
- Sculpting the male torso **Alexander Aslani**

Stream 2: Face

Lower Face/Neck

- The hyoid suspension neck lift: technique and long term follow-up
- Management of heavy neck: minimally invasive procedures
- Management of heavy neck: extensive surgery

Session 2

Stream 1: body

Breast

- The male pectoral area **Constantino Mendieta**
- Breast reduction in males **Nimrod Freidman**
- Scar reduction in mammoplasty **Foued Hamza**
- No vertical scar in breast reduction **John Youusif**

Stream 2: Face

Rhinoplasty

- Management of septum and turbinates in rhinoplasty
- Maximal intervention with for maximal results
- Minimal intervention for maximal results

Session 3

Stream 1: Body

Buttock

- Non-surgical butt lift
- Subcutaneous injection **Romeu Fadul**
- Safety **Katarina Andjelkov**

Stream 2: Face

Rhinoplasty

- Nasal tip sculpting: suture and grafting techniques
- Management of middle third: preservation and function
- Augmentation rhinoplasty techniques: form and function

Session 4

Stream 1: Body

Interactive Case Studies

Stream 2: Face

Interactive Case Studies

- Difficult rhinoplasty patient
- Septorhinoplasty for a collapsed nose
- Revision rhinoplasty: challenges and solutions

REGISTRATION FORM

Web: www.fabscongress.com Tel: +44 (0)20 7501 6796

Email: georgia.peart@markallengroup.com

Please return below registration form to: MA Exhibitions Ltd, FABS, Freepost BFH1337, London, SE24 9BR

Please quote complete address:

Title/First name/Family name Billing invoice address

Job title
.....

Department
.....

Address Post code

..... Email

Direct telephone number Date/signature

Please telephone the FABS team to confirm payment details

Delegate rates:

Standard rate (Consultants, Surgeons, Associate Specialists, Staff Grade, Specialty Doctor, or equivalent)

Super Early Bird: Until 20th September 2019 £415.00

Early Bird: Until 17th January 2020 £485.00

Full Rate: After 17th January 2020 £545.00

Trainee/Nurse rate (From Core and Foundation Trainee levels up to Specialist Registrar, or equivalent)

Super Early Bird: Until 20th September 2019 £298.00

Early Bird: Until 17th January 2020 £350.00

Full Rate: After 17th January 2020 £405.00

(Send written confirmation of the hospital to conferences@markallengroup.com)

All prices for registration are in British Pound Sterling (£) and include 20% VAT. After your registration a confirmation together with an invoice will be sent to you. Registrations without concurrent payment cannot be considered. Cancellation before 30th November: 50% of the registration fee; Cancellation after 30th November: no refund. Cancellation has to be made to MA Exhibitions Ltd in writing only. On-Site-Registration rate: £700.00.

VENUE INFORMATION

1 Wimpole Street, home of The Royal Society of Medicine since 1912, is one of London's premier conference and event venues.

A landmark Edwardian building, located in the heart of London's medical district, 1 Wimpole Street has evolved with the changing times without compromising its unique character.

It is conveniently located for all the main London railway stations and underground lines. The closest underground station is Oxford Circus on the Bakerl Central and Victoria lines.

1 Wimpole Street, Marylebone, London W1G 0LZ

