

# Plastic and Reconstructive Surgery Registrars' Conference (SET 2-5)

Conference Program



Sir Stamford at Circular Quay Hotel  
93 Macquarie Street  
Sydney  
4<sup>th</sup> – 10<sup>th</sup> March 2011



The Board of Plastic and  
Reconstructive Surgery



New Zealand Association  
of Plastic Surgeons

# Sponsors and Exhibitors

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## 2011 Plastic and Reconstructive Surgery Registrars' Conference

The 2011 Registrars' Conference will be held at Sir Stamford at Circular Quay Hotel, from Monday 7 March to Thursday 10 March 2011.

Attendance at the conference is compulsory for SET 2-5 Plastic and Reconstructive Surgery Trainees in Australia and New Zealand. Your registration form and payment is to be forwarded to the ASPS office by Friday, 21 January 2011.

The conveners of the 2011 Registrars' Conference are Mr David Pennington, Mr Steven Merten and Mr Mark Rider who have developed a comprehensive education program for the conference. Please see the program schedule for details.

All trainees are required to present a paper at the state level prior to the conference. A prize will be awarded for the Best Clinical and Best Scientific Paper presented at the Registrar's Conference on 9 March 2011.

For 2011 the prize for each will be a travel grant to the value of \$5,000 to support the attendance at an Advanced Craniomaxillofacial Forum Symposium/Continuing Medical Education opportunity in the United States of America in 2011, sponsored by Stryker.

### American In-Service Examination Friday 4 March 7:30am to 2:00pm

The American Society of Plastic Surgeons is offering this valuable online examination to our trainees. This exam will be mandatory for SET3-5 trainees and is on offer to International Medical Graduates. The cost of this exam will be covered by registration fees and sponsorship.

Updated yearly, the In-Service Examination provides the most up-to-date information on the American core curriculum of plastic surgery. The exam offers trainees the opportunity to challenge themselves and assess their knowledge of the entire scope of plastic surgery. Relevant questions in basic science will be included in each of the four categories. Equal emphasis is placed on:

- Comprehensive
- Cosmetic/ Breast
- Craniomaxillofacial
- Hand/ Extremities

Location: Cliftons, Level 2, 200 George Street, Sydney

## ASAPS Essay Competition

Friday 4 March 4:00pm to 6:00pm

All attendees are invited to participate in the ASAPS Essay Competition. The writer of the best essay will receive \$3000 in prize money which can be used to attend a training or conference event. This competition is sponsored by Johnson and Johnson and is not compulsory for trainees.

Location: Sir Stamford at Circular Quay Hotel, 93 Macquarie Street, Sydney

## Practice Examination

Saturday 5 March from 9:00am to 4:00pm

This SET5 training event will be held at St Vincent's Hospital in Darlinghurst. Attendance is mandatory for all trainees who will be taking the Fellowship Exam in 2011. SET4 trainees wishing to attend as observers should register their interest early as space is limited.

Location: Outpatient's Clinic, St Vincent's Hospital, 390 Victoria Street, Darlinghurst

## Medartis Cadaveric Hand Fixation Course

Sunday 6 March from 9:00am to 1:00pm

A practical half-day course covering surgical approaches, fracture exposure, and specific fixation techniques. The most up-to-date hardware including locking plates will be available. Less common approaches such as volar shotgun and collateral ligament split can be practised.

Faculty will consist of experienced hand trauma surgeons. Places will be strictly limited in order to maximise the practical experience of each student.

Transport from the Sydney Harbour Marriott hotel will be organised.

(There will be a fee payable of \$150.00 incl GST for attending this course).

Location: Macquarie University Hospital, Epping

## Social Program

The formal Conference Dinner will be held on Wednesday 9 March 2011 at Steel Bar and Grill, 2/60 Carrington Street, Sydney with pre-dinner drinks from 7:00pm.

## Friday 4 March 2011

0730-1400	American In Service Examination	Cliftons Level 2, 200 George Street, Sydney
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1600- 1800	ASAPS Essay Exam	Sir Stamford at Circular Quay Hotel
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## Saturday 5 March 2011

0900- 1600	Practice Exam	Outpatient's Clinic, St Vincent's Hospital, 390 Victoria Street Darlinghurst
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## Sunday 6 March 2011

0900- 1600	Medartis Cadaveric Hand Fixation Course	Macquarie University Hospital Manning Road, Epping
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NOTE: Program subject to change.



Exams



Breaks & Meals



Registrars Presentation



Social Program

## MONDAY 7 MARCH 2011

### Sir Stamford at Circular Quay Hotel, 93 Macquarie Street, Sydney

0800-0815	Introductory Remarks by the Chairman of the Board of Plastic and Reconstructive Surgery	Richard Theile
0815-0845	RACS Code of Conduct	Richard Theile
0845-0915	Medicolegal Issues in Cosmetic Surgery	Pamela Michael (Avant)
<b>BREAST AUGMENTATION SESSION</b>		
0915 -0945	The Cosmetic Breast Consultation	Steven Merten
0945-1030	Selection of Patients, Types of Implants and Techniques	Janek Januszkiewicz
1030-1045	Future Prospects in Breast Augmentation	Anand Deva
<b>1045-1115</b>	<b>MORNING TEA</b>	
1115-1145	Capsular Contractures – Current Understandings	Anand Deva
1145-1200	ALCL and Breast Implants	Anand Deva
1200-1245	Complications of Breast Augmentation and Management	Janek Januszkiewicz
<b>1245-1345</b>	<b>LUNCH</b>	
1345-1415	Anatomy of the Breast, Blood and Nerve Supply	Steven Merten
1415-1500	Techniques in Breast Reduction and Mastopexy	Janek Januszkiewicz
<b>1500-1530</b>	<b>AFTERNOON TEA</b>	
1530-1615	Complications in Breast Reduction/Mastopexy	Steven Merten
1615-1700	Mastopexy – Augmentation	Janek Januszkiewicz
1700-1745	Understanding the MBS Schedule	Garry Buckland

## TUESDAY 8 MARCH 2011

Sir Stamford at Circular Quay Hotel, 93 Macquarie Street, Sydney

BREAST – DEVELOPMENTAL DEFORMITY AND OTHER		
0800-0815	Housekeeping Announcements	David Pennington
0815-0900	Developmental Breast Problems, Poland's, Constricted Breasts etc...	Janek Januszkiewicz
0900-0930	Gynaecomastia	Gazi Hussain
0930-1015	Breast Cancer – Epidemiology, Histopathological Types, Genetics and Aetiology	Hugh Carmalt
1015-1045	MORNING TEA	
BREAST RECONSTRUCTION SESSION		
1045-1130	Recent Developments in Diagnosis of Breast Cancer – Imaging Techniques and Sentinel Node Biopsy	Hugh Carmalt
1130-1215	Managing Cancer Treatment and Reconstruction – Algorithmic Approaches	David Pennington
1215-1300	The Place for Tissue Expansion and Implants	Garry Buckland
1300-1345	LUNCH	
1345-1430	Latissimus dorsi Reconstruction	Harvey Stern
1430-1515	Mastectomy – Immediate vs Delayed Reconstruction – Pitfalls	Harvey Stern
1515-1545	AFTERNOON TEA	
1545-1630	The Anatomy and Imaging of Perforator Flaps in Breast Reconstruction	David Pennington
1630-1700	Other Free Flaps in Breast Reconstruction	David Pennington
1700-1745	Breast Reconstruction after “Conservative” Surgery – Partial Reconstruction	David Pennington

## WEDNESDAY 9 MARCH 2011

Sir Stamford at Circular Quay Hotel, 93 Macquarie Street, Sydney

BREAST RECONSTRUCTION SESSION CONTINUED		
0800-0815	Housekeeping Announcements	David Pennington
0815-0900	Bilateral Reconstruction – is DIEP the New Gold Standard?	Thomas Lam
0900-0945	Management of Complications in Breast Reconstruction	Thomas Lam
0945-1030	My Perspective as a Senior Examiner of the Fellowship Examination	Michael Leung
1030-1050	MORNING TEA	
1050-1250	REGISTRARS PAPER – Marking by Michael Leung and David Pennington	
1250-1300	Presentation on Australian Society of Plastic Surgeons (ASPS)	Broughton Snell
1300-1345	LUNCH	
HAND SURGERY SESSION		
1345-1430	An update on flexor tendon surgery	Mark Rider
1430-1515	Dupuytren's Disease	Stuart Kirkham
1515-1545	AFTERNOON TEA	
1545-1630	1 <sup>st</sup> CMCJ osteoarthritis	Tim Heath
1630-1715	Peripheral Nerve and Tendon Transfers	Anand Deva
1715-1800	Adult Brachial Plexus	Richard Lawson
1900	EVENING SOCIAL PROGRAM - DINNER AT STEEL BAR & GRILL RESTAURANT 2/60 CARRINGTON STREET, SYDNEY	



## THURSDAY 10 MARCH 2011

Sir Stamford at Circular Quay Hotel, 93 Macquarie Street, Sydney

HAND SURGERY SESSION CONTINUED		
0800-0815	Housekeeping Announcements	Mark Rider
0815-0900	Upper limb flaps	Sean Nicklin
0900-0945	Congenital 1	Sean Nicklin
0945-1030	Carpal Instability for dummies	Ian Hargreaves
<b>1030-1100</b>	<b>MORNING TEA</b>	
1100- 1145	The current status of replacement arthroplasty	Damien Ryan
1145-1230	Rheumatoid arthritis	Damien Ryan
<b>1230-1315</b>	<b>LUNCH</b>	
1315-1400	Congenital 2	Nicholas Smith
1400-1445	Neonatal Brachial Plexus and principles of Nerve Transfer	Nicholas Smith
1445-1530	AO Principles and Recent Advances in ORIF	Graham Gumley
<b>1530-1545</b>	<b>AFTERNOON TEA</b>	
1545-1630	The burnt hand	Roland Jiang
1630-1715	Clinical examination of the hand	Mark Rider