### Plastic and Reconstructive Surgery Registrars' Conference

Marriott Hotel, Sydney Harbour, Circular Quay 5th-12th March 2010

**Conference Program** 



The Board of Plastic and Reconstructive Surgery





#### Acknowledgments

Australian Society of Plastic Surgeons and the Board of Plastic and Reconstructive Surgery would like to thank the following who have given their support:

#### **Major Sponsor In-service Examination**



#### **Partners in Excellence**





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#### 2010 Plastic and Reconstructive Surgery Registrars' Conference

We're looking forward to your attendance at the 2010 Plastic and Reconstructive Surgical Registrars' Conference!

We've got an outstanding lineup of conference presenters who will cover the entire range of our discipline. International presenter Joe Gruss will be visiting from the United States to present on several craniofacial topics.

The American In-service Examination has been included in the program for the second year as well as the practice examination and the ASAPS Essay Competition. We also invite you to take advantage of the many opportunities to interact with trade, colleagues, and mentors.

The social program has been chosen with discretion to make the best of the Sydney CBD, waterfront, and the great dining options they have to offer.

It's going to be a great week; we're looking forward to catching up at the welcome reception.

See you then!

2010 Organising Committee

#### Our International Guest Speaker, Joe Gruss M.B., B.CHIR.

Dr Joe Gruss, obtained his MD in Johannesburg, South Africa and completed general and plastic surgery training as well as a fellowship in head and neck oncological and craniofacial surgery. Now living in Seattle, he has established a state-of-the-art craniofacial program; the Craniofacial Centre is now the busiest program of its type in Northern America. He has pioneered in the application of craniofacial techniques to the care of facial trauma and the use of ridge internal fixation of the craniofacial skeleton.

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#### **General Information**

The 2010 Registrars' Conference will be held at the Sydney Harbour Marriott Hotel, from Friday 5 March to Friday 12 March 2010. SET 2 trainees need only attend from Monday 8 March to Friday 12 March.

Attendance at the conference is compulsory for SET 2-5 Plastic and Reconstructive Surgery Trainees in Australia and New Zealand. International medical graduates are also invited to attend. Your registration forms and payment can be forwarded to the ASPS office and is due by **15 February 2010.** 

The convener of the 2010 Registrars' Conference is Mr Gavin Sandercoe who has developed a comprehensive education program for the 5 day conference. Please see the program schedule for more details.

All trainees are required to present a paper at the state level prior to the conference. Cash prizes will be awarded for the Best Clinical and Best Scientific Papers presented at the Registrar's Conference on 11 March 2010.

#### Accommodation

Fantastic accommodation arrangements are available at the conference venue, the Sydney Harbour Marriott Hotel, 30 Pitt Street, Circular Quay, is Sydney's premier habourside hotel, surrounded by spectacular waterside Harbour views of the Sydney Opera House and Sydney Harbour Bridge. Recently renovated with a contemporary feel the Marriott Hotel is situated in the heart of the Sydney CBD, the shopping delights of the Pitt Street Mall, and the 'Rocks' entertainment cultural precinct.

With 550 luxurious guest rooms and 20 technologically enabled meeting rooms, the Sydney Harbour Marriott Hotel offers guests an intimate and sophisticated venue for both business and leisure.

To take advantage of the great deals arranged with the Marriott hotel, please contact Daniel Hoffman on (02) 9259 7000 and quote booking reference: **2010 Rego** to obtain the negotiated room rates.

#### **Registration is due 15 February 2010**

Registration forms and payment can be forwarded to the Registrars' Conference Secretariat: Australian Society of Plastic Surgeons Suite 503, Level 5, 69 Christie Street St Leonards NSW 2065 Australia Fax +61 2 9437 9210 Email cbaker@plasticsurgery.org.au





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#### American In-Service Examination Friday 5 March from 7.30am to 2.00pm

#### 🚔 ALLERGAN

The American Society of Plastic Surgeons is offering this valuable online examination to our trainees for the second year in a row. This exam will be mandatory for SET3-5 trainees and is on offer to International Medical Graduates. The cost of this exam will be covered by registration fees and sponsorship.

Updated yearly, the In-service Examination provides the most up-to-date information on the American core curriculum of plastic surgery. The exam offers trainees the opportunity to challenge themselves and assess their knowledge of the entire scope of plastic surgery. Relevant questions in basic science will be included in each of the four categories. Equal emphasis is placed on:

- Comprehensive
- Cosmetic/Breast
- Craniomaxillofacial
- Hand/Extremities

Location: Cliftons, Level 2, 200 George Street, Sydney

#### ASAPS Essay Competition Friday 5 March 4.00pm to 6.00pm

#### + MENTOR

All attendees are invited to participate in the ASAPS Essay Competition. The writer of the best essay will receive \$3000 in prize money which can be used to attend a training or conference event. This essay competition is sponsored by Mentor and is not compulsory for trainees.

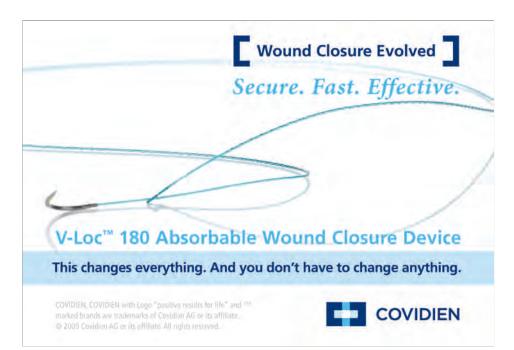
#### Location: Marriott Hotel, Sydney Harbour

#### **Practice Examination**

#### Saturday 6 March 9.00am to 4.00pm

This SET5 training experience will be held at the St Vincent's Hospital in Darlinghurst. Attendance is mandatory for all trainees who will be taking the Fellowship Exam in 2010. SET4 trainees wishing to observe should register their interest early as space is limited.

#### Location: Outpatient's Clinic, St Vincent's Hospital, 390 Victoria Street, Darlinghurst.





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#### Social Program

There will be a welcome reception and drinks held on Sunday 7 March 2010 at 6:00pm in the Henry Lawson Room at the Marriott Hotel. An ASPS desk will be set up to register your attendance at the conference.

The formal Conference Dinner will be held on Thursday 11 March 2010 at the Wildfire Restaurant. Pre-dinner drinks will commence at 7:00pm.

The welcome reception and the conference dinner are included in the registration costs. Please indicate on the registration form if you wish to attend and if you have any specific dietary needs.

#### Sydney Highlights

Sydney is a rare jewel - sparkling both day and night - and the city reflects the Australian personality - a bit brash, a bit cheeky but warm, outgoing and friendly. And it knows how to party! There is something for every visitor - first class hotels, restaurants, beaches, theatre, sight seeing, nightlife and its overall vibrancy.

The **Sydney Harbour Bridge** is one of Sydney's most famous landmarks, locally known as the "Coat Hanger" took eight years to build, including the railway line, was completed in 1932. The construction of the bridge was an economic feat as well as an engineering triumph. Prior to the bridge being built, the only links between the city centre in the south and the residential north were by ferry or by a 20 kilometre road.

The **Rocks** is one of the most-visited parts of Sydney. It is not hard to see why. Nestled at the foot of the Sydney Harbour Bridge and on the western shores of Sydney Cove, The Rocks is the foundation place of Sydney and Australia, and is of enormous historical significance. It is often described as "Sydney's outdoor museum".

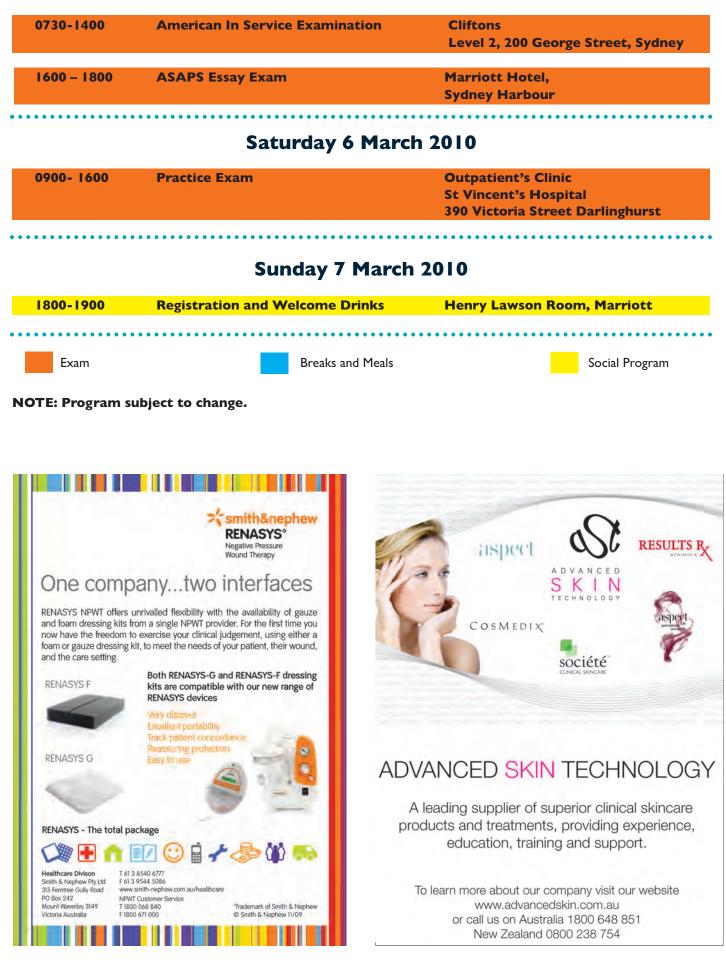
The **Sydney Opera House**, situated on Sydney Harbour at Bennelong Point, is considered by many to be one of the wonders of the modern world. Designed by Jørn Utzon and constructed under some controversy, it was opened in October 1973.

The **Royal Botanic Gardens**, are just a short walk around the water's edge from the Sydney Opera House, and are one of the most breathtakingly beautiful settings you will see anywhere, with the gardens filling an area of land between the harbour and the eastern part of the central business district. The gardens sit on the side of an undulating piece of land and the harbour views from up on the hill are superb. There are large trees with a wonderful shade canvas making this the best spot imaginable to stop and have lunch - sitting on the grass and taking in the harbour views.



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#### Friday 5 March 2010



#### Monday 8 March 2010

	0800-0815	Opening Address	
	0815-0900	Facial Anatomy & Facelift	Speaker:Warwick Nettle
	0900-0930	Deep plane facelift	Speaker:Tobias Pincock
	0930-1015	Blepharoplasty	Speaker:Warwick Nettle
	1015 - 1030	Morning Tea	
	1030-1115	Eyelid Anatomy & Reconstruction	Speaker: Naveen Somia
	1115-1200	Browlift	Speaker: Jeremy Hunt
	1200-1245	Eyelid malposition	Speaker: Krishna Tumuluri
	1245 - 1330		
		Lunch	
	1330-1415	Lunch Laser, Dermabrasion, Peels	Speaker: Mei Tan
••			Speaker: Mei Tan Speaker: Steven Liew
•••	1330-1415	Laser, Dermabrasion, Peels	• • • • • • • • • • • • • • • • • • • •
•••	1330-1415 1415-1515	Laser, Dermabrasion, Peels Botulinum toxin & Fillers	• • • • • • • • • • • • • • • • • • • •

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#### Tuesday 9 March 2010

0800-0900	Fractures of the orbit, zygoma, NOE	Speaker: Joe Gruss
0900-1000	Occlusion & TMJ trauma	Speaker: Malcolm Lyttle
1000-1030	Dental trauma	Speaker: Anthony Naim
1030 - 1045	Morning Tea	
1045-1130	Preventing complications in traumas	Speaker: Joe Gruss
1130-1215	Eye assessment & emergencies	Speaker: Simon Taylor
1215-1245	Secondary Maxillofacial Surgery	Speaker: Joe Gruss
1245 - 1330	Lunch	
1330-1415	Gunshot wounds of the face	Speaker: Joe Gruss
1415-1500	Paediatric facial fractures	Speaker: Joe Gruss
1500 - 1515	Afternoon Tea	
1515-1615	Craniofacial Syndromes	Speaker: Damian Marucci
1615-1700	Craniofacial Surgery	Speaker: Joe Gruss
1700-1745	Difficult facial tumours	Speaker: Joe Gruss

#### Wednesday 10 March 2010

	0800-0845	Cleft lip principles	Speaker: Catherine Boorer
	0845-0930	Cleft palate principles	Speaker: Robert Gates
	0930-1015	Tessier Clefts	Speaker: Joe Gruss
	1015 - 1030	Morning Tea	
	1030-1100	Cleft Rhinoplasty	Speaker: Joe Gruss
	1100-1200	Orthognathics	Speaker: John Vandervord/ Paul Taylor
	1200 - 1245	Lunch	
••••	1245-1330	Facial nerve reconstruction	Speaker: Gazi Hussain
• • • • • • • • • • • • •	1330-1430	Rhinoplasty I	Speaker: George Marcells
	1430-1515	Nasal reconstruction	Speaker: Gazi Hussain
	1515 - 1530	Afternoon Tea	
	1530-1630	Rhinoplasty 2	Speaker: Paul O'Keefe
	1630-1715	Local flaps of the face	Speaker: John Kippen
	1715-1745	Scar Minimization	Speaker: Russell Aldred

#### Thursday II March 2010

0800-09	900 Melanc	ma	Speaker: Jon Stretch
0900-09	945 Patholo	ogy of Skin Cancers	Speaker:Andrew Gal
0945-10	030 Non su	irgical skin cancer management	Speaker: Michelle Hunt
1030 -	lioo Morn	ing Tea	
1100-1	130 Compl	ex facial reconstruction	Speaker: Joe Gruss
1130-13	300 Burns &	& Skin Grafts	Speaker: Peter Maitz
1300-13	330 Burns T	<sup>-</sup> herapy & After Care	Concord OccTh
1330 -	1415 Lunch		
4 5- 4	145 Vascula	r Malformations	Speaker: Peter Hayward
1445-15	515 Naevi		Speaker: Peter Hayward
1515 -	I545 After	noon Tea	
1545-16	630 Нурозг	padias	Speaker:Tony Fernandes
1630-17	715 Lympho	pedema	Speaker:Tony Fernandes
1715-17	745 Ear Ree	construction	Speaker: Nicholas Lotz
1900		ng Social Program Dinner at Wildfire nd Level, Overseas Passenger Termin	

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References: 1. Storch ML, Rothenburger SJ, Jacinto G. Experimental efficacy study of coated VICRYL plus antibacterial suture in guinea pigs challenged with Staphylococcus aureus. Surg Infect (Larchmt). 2004;5:281-288. 2. Ming X, Nichols M, Rothenburger S. In vivo antibacterial efficacy of MONOCRYL plus antibacterial suture (poliglecaprone 25 with triclosan). Surg Infect (Larchmt). 2007;8:209-213. 3. Ming X, Rothenburger S, Nichols M. In vivo and in vitro antibacterial efficacy of PDS\* plus (polidioxanone 25 with triclosan) suture. Surg Infect (Larchmt). 2008;9:451-457.

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#### Friday 12 March 2010

	0800-0900	Head & Neck Oncology	Speaker: Gary Morgan
	0900-0945	Radiotherapy for H&N Cancers	Speaker: Michael Veness
	0945-1030	Radiotherapy for skin cancers	Speaker: Michael Veness
	1030 - 1045	Morning Tea	
	1050 - 1045	Florining rea	
	1045-1130	Head & Neck Reconstruction	Speaker: Elias Moisidis
•••••			Speaker: Elias Moisidis Speaker: Kevin Ho





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#### 2010 Plastic and Reconstructive Surgery Registrars' Conference 5-12 March 2010

#### **Registration Form**

Please note registration at this conference is compulsory for SET 2-5 PRS surgical trainees. International Medical Graduates are welcome to attend.

#### **REGISTRATION DUE 15 February 2010**

Please complete this form and forward it to:

2010 Registrars' Conference Secretariat C/- Australian Society of Plastic Surgeons Suite 503 Level 5 69 Christie St St Leonards NSW 2065 Australia Fax: +61 2 9437 9210 Email cbaker@plasticsurgery.org.au

#### Delegate

Surname:	First Name:	
Postal Address:		
City:	Postcode: Country:	
Email:	Telephone:	

#### **Registration Fees**

Please note: All registrations must be accompanied by full payment. Please make cheques payable to the Australian Society of Plastic Surgeons in Australian dollars.

#### PRS Surgical Trainee: total amount payable for registration \$500.00 AUD (including GST)

Registration Payment Summary

Method of Payment (please tick one box) Credit Card	Cheque
Credit Card Authorisation	
Please tick one box Master Card Vis	sa Amex
Card Number	
Expiry date	
Name on Card:	
Signature: Date:	
Practical Session	Examinations
Non surgical facial rejuvenation I would like to confirm my attendance at this Practical Session	I will sit the American In Service Exam ( Mandatory for SET 3-5 trainess.)
Welcome Reception Sunday 7th March 2010 Yes I do wish to attend the Welcome Reception	I am a SET 5 and will take the "Practice Exam"
(included in the delegate charge) Conference Dinner Thursday 11th of March 2010	I am SET 4 and would like to observe the

Yes I do wish to attend the conference dinner
(included in the delegate charge)

I have special dietary requirements

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I would like to take the ASAPS Essay Exam.

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