

Plastic and Reconstructive Surgery Registrars' Conference

Conference Program



Royce Hotel, Melbourne
9th-13th March 2009



The Board of Plastic and
Reconstructive Surgery



New Zealand Association
of Plastic Surgeons

Acknowledgments

Australian Society of Plastic Surgeons and the Board of Plastic and Reconstructive Surgery would like to thank the following who have given their support:

Premium Partners in Excellence



Partners in Excellence



2009 Plastic and Reconstructive Surgery Registrars' Conference



Put down your pager, turn off your phone and welcome to Melbourne and the 2009 Plastic and Reconstructive Surgery Registrars' Conference!!!!

We have put together a comprehensive week of lectures covering a large portion of the PRS curriculum. We have also teamed with our trade partners to provide what we expect will be outstanding workshops covering breast surgery, hand fractures, skin care and financial planning.

In addition, this year for the first time, SET 4 and 5 trainees will have the opportunity to sit the American In-Service/Self-Assessment Examination. This exam offers up to date content on all facets of plastic surgery and provides substantial feedback for learning enhancement. The exam covers the entire spectrum of our specialty making it a valuable stand alone learning tool.

We have also incorporated the Geelong Exam, now in its 9th year, which has become an essential part of preparation for the fellowship exam.

On top of the exceptional academic program we have also arranged a fantastic social program showcasing some of Melbourne's best restaurants.

Enjoy your week of education, learning and fellowship.

I look forward to seeing you all at the conference.

Richard Bloom
Convenor



General Information

The 2009 Registrars' Conference will be held at the Royce Hotel, Melbourne from Monday 9 March to Friday 13 March 2009.

Attendance at the conference is compulsory for SET 2-5 Plastic and Reconstructive Surgery Trainees in Australia and New Zealand. Your registration forms and payment can be forwarded to the ASPS office and is due by Friday 23 January 2009.

The convener of the 2009 Registrars' Conference is Mr Richard Bloom who has developed a comprehensive educational program for the 5 day conference. Please see the program schedule for more details.

All trainees are required to present a paper at the state level prior to the conference. Cash prizes will be awarded for the Best Clinical and Best Scientific Papers presented at the Registrars' Conference on 12 March 2009.

Accommodation

Accommodation is available at the conference venue, the Royce Hotel, 379 St. Kilda Road, Melbourne Victoria. The Royce Hotel is recognised as one of Melbourne's finest designer five star boutique hotels. Ideally located on Melbourne's most famous boulevard, St Kilda Road, the Royce is within walking distance to the fashionable shopping and restaurant precincts of Toorak Road and Chapel Street, Melbourne CBD, Royal Botanic Gardens, Shrine of Remembrance and Albert Park Lake.

Please contact Royce Reservations directly on (03) 9677 9973 and quote group booking number 4924 to obtain the negotiated room rates for delegates. You are welcome to arrange your own accommodation. Please be aware that Melbourne hosts a number of events during March and as a result there may be limited availability in the CBD hotels.

Registration is due 23 January 2009

Registration forms and payment can be forwarded to the Registrars' Conference
Australian Society of Plastic Surgeons
Suite 503, Level 5, 69 Christie Street
St Leonards NSW 2065 Australia
Fax +61 2 9437 9210
Email swargo@plasticsurgery.org.au



Where **Quality, Integrity,**
Experience and **Innovation**
Come Together.



SETTING THE STANDARD FOR EXCELLENCE
Breast Implants
Liposuction Products
Practice Development
Marketing Programs
Customer-focused Service

For more information please visit www.mentorcorp.com

© December 2004 Mentor 0410028



Proud suppliers for:

- Breast Implants
- Tissue Expanders
- Craniofacial Fixation
- Hand, Cannulated Screws
- Compression Garments
- LipiVage Fat Transfer



DESIGN VERONIQUE®

Phone: 1800 335 327 Fax: 1300 552 322



Implants & Gel Fills

RESPONSIVE GEL The softest cohesive gel	SOFTEST	INSPIRA™ Textured TRM/TRF/TRX INSPIRA™ Smooth SRM/SRF/SRX Style 110/120, Style MLP/MHP Style SLD/SHD, Style 40/45
SOFT-TOUCH™ GEL A slightly firmer cohesive gel offering shape control with natural movement and feeling	SOFT	INSPIRA™ Textured TSM/TSF/TSX INSPIRA™ Smooth SSM/SSF/SSX Style 410 <i>Soft-Touch™</i>
COHESIVE GEL A higher cohesive gel for the ultimate shape and control	FIRM	Style 410 Style CML/CMH Style 510 Dual Gel (Posterior portion)
FIRM COHESIVE GEL Used exclusively in the tip of the Style 510	FIRMEST	Style 510 Dual Gel (Anterior portion)

Premium Partner in Excellence

(Australian Society of Plastic Surgeons)

Proudly supporting Plastic Surgery for over 10 years



For further information regarding these leading-edge products please contact Device Technologies customer service: AUST: 1800 429 551 | NZ: 0508 338 423



American In-Service Examination

In 2009 the Board of PRS will introduce the American Society of Plastic Surgeons Residents In-Service/Self-Assessment Examination. This exam is not mandatory but is highly recommended for all Set 4 and Set 5 trainees and is open to all International Medical Graduates. This exam is an educational tool and does not contribute to formal assessment.

The In-Service/Self Assessment Examination provides the most up-to-date information on the core curriculum of plastic surgery. The exam offers Registrars the opportunity for self-directed learning and review of the entire scope of plastic surgery with equal emphasis placed on the following areas: Cosmetic; Comprehensive; Craniomaxillofacial; Hand. Relevant questions in basic science will be included in each of the four categories.

The exam will be held at the Wizard Computer Training Centre, 7th floor, 440 Collins Street, Melbourne Victoria on Friday 6 March 2009 at 7:30 am. If you would like to sit this exam and have not sent in the registration form there may still be space available. Please contact Suzanne Wargo on (02) 9437 9200 or email swargo@plasticsurgery.org.au for more information.

Geelong Exam

The Geelong exam is entering its 9th year. Over this time it has proven to be an ideal preparation for the fellowship exam in plastic surgery. The format is set up to mimic the fellowship exam with short cases, long cases, slide shows and anatomy stations. A number of plastic surgeons from around Melbourne and Geelong are invited to act as examiners including those who have previously been examiners in the fellowship exam.

The 2009 Geelong exam is condensed to a one day course and is moved to Melbourne to coincide with the Registrars' Conference. The "Geelong Exam" will take place on Saturday 7 March 2009 at the Alfred Hospital. Mr Ian Holten is the Convenor of the 2009 "Geelong Exam".

The "Geelong Exam" is optional and is available to all SET 5 candidates approaching the fellowship exam. Trainees in other years are welcome to attend as observers.

ASAPS Essay Exam

The ASAPS Essay Exam will be held at the Royal Australasian College of Surgeons on Sunday 8 March 2009 at 10:00 am. This two hour exam is open to all trainees and is mandatory to be taken prior to completing your plastic and reconstruction surgical training program.

RATIONALE®
skincare

ANTI SKIN CANCER | ANTI AGEING
Rationale is the leading choice of Australian Plastic Surgeons.

Social Program

There will be a welcome reception and drinks held on Sunday 8 March 2009 at 6:00pm in the Amberoom, Royce Hotel. An ASPS desk will be set up to register your attendance at the conference.

There will also be an informal dinner on Tuesday 10 March at Dish Restaurant, Royce Hotel beginning at 7:00pm.

The formal Conference Dinner will be held on Thursday 12 March 2009 at the Harbour Room at the Royal Melbourne Yacht Squadron, Pier Road, St Kilda. Pre-dinner drinks will commence at 7:00pm.

The welcome reception and the two conference dinners are included in the registration costs. Please indicate on the registration form if you wish to attend and if you have any specific dietary needs.

Melbourne Highlights

Melbourne is a dynamic, exciting city with a strong sense of history and captures Australia's friendly nature with an added sense of style.

Melbourne is at the forefront of culinary innovation and has more than 5000 restaurants, cafes and bars throughout the city and suburbs serving around 75 ethnic cuisines. Melbourne also boasts a colourful dance club and bar culture and a vibrant live music scene.

The Botanical Gardens in Melbourne is world renowned. Centrally located on the south side of the Yarra River it is situated near the Shrine of Remembrance and is surrounded by the famous TAN walking/ running track that links up with the Yarra River bicycle path.

Melbourne loves its sport and the MCG stadium is a mecca of international sport and was the home of the 1956 Olympics and the 2006 Commonwealth Games. Take a tour of the stadium and visit the Olympic Museum which highlights some of the great sporting history of Melbourne and Australia.



vactherapy
KCI Healing by design

Beware imitations.

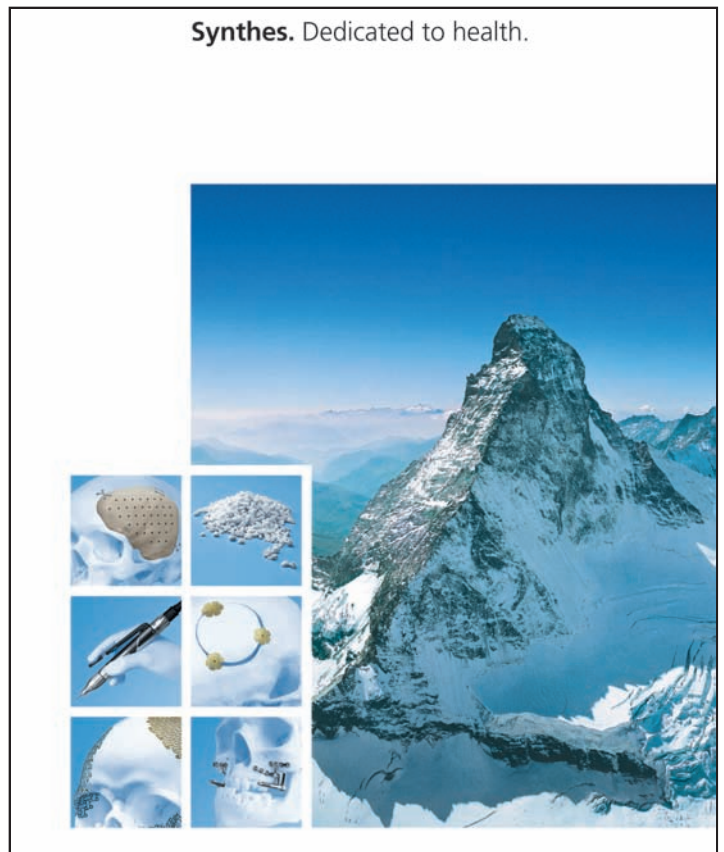
Validation Chart	V.A.C. [®] Therapy	Other NPWT
Established Mechanism of Action at cellular (Microstrain) and tissue (Macrostrain) levels	✓	✗
More than 400 peer-reviewed articles including health economic evidence	✓	✗
More than 2.8 million patients treated to date	✓	✗
More than 137,000 caregivers trained in 2007 alone	✓	✗

KCI Medical Customer Service: 1300 KCI VAC (524 822)
www.kci-medical.com



Use only validated Negative Pressure Wound Therapy for reliable outcomes

Synthes. Dedicated to health.



Original instruments and implants of the Association for the Study of Internal Fixation – AISIF

SYNTHES

For further information please contact your local Synthes representative: 1800Synthes

THE SKINCARE

DOCTORS AND CLINICS RECOMMEND

How do you ensure **maximum patient satisfaction** through aesthetic procedures?

Whether your patient chooses a surgical or non-surgical solution to their aesthetic need, most procedures can be enhanced by a specific pre or post treatment skin care regime.

Many practitioners are now depending on the cutting-edge formulations available to ensure maximum patient satisfaction and ongoing improvement.

*E*derma
M(Ae)I
MEDICAL
AESTHETICS
INSTITUTE

aspect
RESULTS *Rx*

 PHYSICIANS
COMPLEX
 REVISION[®]
SKINCARE

COSMEDIX[®]
Cosmeceuticals
SkinEvidence[™]
ioma

WANT THE LATEST OPINION IN SKINCARE?

Attend the workshop on Monday 9th March 2009

3.15pm-4.00pm with guest speaker **Dr Scott Ingram** MBBS FRACS (Gen) FRACS (Plast)

Advanced Skin Technology's mission is to source and provide the most technologically advanced pre and post-surgical products and skin rejuvenation treatments available worldwide and to introduce them to the Australian medical cosmetic and plastic surgery markets.



1800 648 851 | www.advskin.com.au | info@advskin.com.au

ADVANCED
SKIN
TECHNOLOGY

Workshop Highlights

Maximising Patient Satisfaction and Optimum Outcomes of Aesthetic Procedures with Clinical Skincare Protocols

*Presented by Advanced Skin Technology
Speaker- Dr. Scott Ingram MBBS FRACS*

On completion of his fellowship and post-fellowship training, Dr Ingram established Form & Function Clinic, his surgical practice in South Brisbane, and the non-surgical cosmetic business, Clinic Aesthetic. Services offered cover the spectrum of non-surgical adjunctive treatments: medical-grade skin care, injectable fillers and relaxants, IPL, ablative and non-ablative laser.

This workshop will cover latest active ingredients, procedures optimisation with non-surgical components, skin-type analysis and chemical peels, managing post-procedure skin, managing patient expectations and building a successful aesthetic practice.

Personal & Practice Financial Essentials Presented by Steven Macarounas - Genesys Wealth Advisers Ltd

Steven Macarounas is a Practice Principal of Genesys Wealth Advisers Ltd. Steven has specialised in providing wealth creation, protection and management advice to medical professionals for close to 25 years and he is frequently called upon to speak on wealth matters at medical conferences, seminars and educational briefings.

Steven, his partners and their team, are focused on the medical specialist and provide an integrated and holistic financial advisory service.

Steven's workshop will provide an overview of the foundations required to achieve financial goals and desired lifestyle, now and throughout the different stages of your life.

The workshop will cover the following:

- **Personal financial foundations**
 - Cash flow management and debt reduction
 - Superannuation: a retirement planning platform
 - Personal risk management : your tailored insurance program
- **Practice financial essentials**
 - Adequate business funding
 - Working capital
 - Fit out
 - Employee super fund
 - Keyperson insurance
 - Cross purchase insurance

If you fail to plan, you plan to fail

Genesys Wealth Advisers specialise in creating, protecting and managing the wealth of the medical profession.

Please come and see us at our exhibition booth to arrange your complimentary consultation.

Alternatively contact Steve Macarounas on 02 9362 5050 or steven.macarounas@genesyswealth.com.au

Wealth advisers you can rely on



Steven Macarounas is an authorised representative of Genesys Wealth Advisers Limited
ABN 20 060 778 216 Australian Financial Services Licence no 232686 Principal member of the FPA
www.genesyswealth.com.au

Understanding the Technological Advances of Breast Implants Presented by Device Technologies

Device Technologies is proud to present an introductory workshop designed to equip registrars.... "our future plastic surgeons".... with the knowledge required to navigate your way between the various breast implant and expander options on the market today.

- The program has been chosen to enable you to order the correct products with confidence and provide you with some of the measurement techniques required.
- A plastic surgeon guest speaker will take you through some of the clinical indications for use and planning involved in your selection and show you some of the clinical outcomes achieved.
- This workshop will provide you with a practical knowledge base upon which you can build your career in either reconstructive or aesthetic procedures or a combination of both.
- Upon completion, all attendees will receive a comprehensive clinical package.
- If there is anything specific you would like covered please email Joan Hatfield jhatfield@device.com.au

Cranial Reconstruction: Restoring Aesthetics of the Cranial Contour Presented by Stryker

The workshop will focus on the role of combining titanium implants and orthobiologics (bone substitutes) for obtaining optimal aesthetic results in reconstructive surgery on the craniofacial skeleton.

Orthobiologics is a fast growing product segment with improved and varying products constantly coming to market. The improved handling properties and performance offer the surgeon, and ultimately the patient, the potential for achieving better cosmetic results from the primary or secondary procedure.

**Plastic Surgery
HYPERGUIDE**

An independent educational resource supported by a grant from Stryker

- Interactive multi-media education tool for Plastic Surgeons
- Content moderated by independent editorial board
- Includes:
 - narrative tutorials
 - virtual surgery videos
 - on-line lectures
- Current Modules cover:
 - Craniofacial trauma
 - Cleft & Craniofacial congenital anomalies
 - Head & Neck Reconstruction

For access register on-line or contact your local Stryker Representative

stryker

Plastic Surgery Hyperguide

CME Earn up to 20 Credits per Year
Read tutorials and view lectures.
Choose the format that best suits your learning needs.
[View info](#)

BROWSE BY MODULE

- Craniofacial Trauma
- Congenital Cleft/Craniofacial Reconstruction
- Head and Neck Cancer Reconstruction

ORTHOPEDIC Hyperguide

Visit the **ORTHOPEDIC Hyperguide** to access these exciting modules:

- Spine
- Hand

Surgical Approaches

Suhail K. Mittal, MD
Eduardo D. Rodriguez, DDS, MD

stryker

Friday 6 March 2009

0730-1300

American In Service Examination

Wizard Computer Training Centre,
440 Collins Street, Melbourne

Saturday 7 March 2009

0900- 1630

"Geelong Exam"

Alfred Hospital,
Commercial Road, Melbourne

Sunday 8 March 2009

1000- 1200

ASAPS Essay Exam

Royal Australasian College of Surgeons
Spring Street, Melbourne

1800-1900

Registration and Welcome Drinks

Amberoom, Royce Hotel



Exam



Breaks and Meals



Workshops



Social Program

NOTE: Program subject to change.

smith&nephew
ACTICOAT[®]
Antimicrobial Dressing
SILCRYST[†]

Every patient deserves
ACTICOAT silver

Trademark of Smith & Nephew
SILCRYST is a Trade Mark of NUCRYST Pharmaceuticals Corp., used under license
† Nanocrystalline Silver is a patented technology of NUCRYST Pharmaceuticals Corp.

Your body of work inspires ours

ETHICON is proud to support the 2009 Plastic and Reconstructive Surgery Registrars' Conference.

Through our partnership with Plastic Surgeons we aim to continue to bring innovation to Plastic and Reconstructive procedures.

As a part of Johnson & Johnson Medical, ETHICON provides an extensive range of innovative products and services to Plastic Surgeons ranging from Specialist Sutures and Topical Skin Adhesives, to Wound Care and Ultrasonic Energy technologies.

ETHICON

Johnson & Johnson
MEDICAL

Johnson & Johnson Medical Pty Ltd
ABN 85 000 160 403

Monday 9 March 2009

0830 - 0845 Welcome by Scientific Convenor Speaker: Richard Bloom

0845 - 0930 Facial Trauma Speaker: David Morgan

0930 - 1015 Mandibular Trauma Speaker: Mark Baldwin

1015 - 1030 Morning Tea

1030 - 1115 Dental Principals for Plastic Surgeons Speaker: Mark Baldwin

1115 - 1200 Oculoplastics/ Eyelid Anatomy Speaker: Alan McNabb

1200 - 1300 Facial Anatomy Speaker: Bryan Mendelson

1300 - 1330 Lunch

1330 - 1415 Basic Skin Flaps Speaker: Howard Webster

1415 - 1500 Breast Reconstruction Speaker: Howard Webster

1500 - 1515 Afternoon Tea

1515 - 1600 Building a Successful Aesthetic Business Presented by Advanced Skin Technology

1600 - 1645 Brow Lift Speaker: Graeme Southwick

1645 - 1730 Orthognathic Surgery Speaker: Andrew Heggie

A company you can take on

Face value

By providing innovative products such as BOTOX® treatment and JUVÉDERM® injectable gel, Allergan delivers value to customers, and supports medical professionals in improving lives.

ALLERGAN

Allergan Australia Pty Ltd, ABN 85 000 612 831, 810 Pacific Highway, Gordon, NSW 2072, ALL1209

Proud to be a partner in excellence!

Avant is proud to be working in partnership with ASPS as their preferred medical indemnity supplier.

For instance, ASPS/Avant members who renewed at 1 January 2009 enjoyed substantial premium reductions that included a 4% premium reduction available exclusively to ASPS members.

We also understand that starting out in practice can be difficult. This is why we provide a 50% premium reduction in the first year of practice and a 25% reduction in the second year.

With value like this—why would you make any other choice. For more details call our dedicated ASPS service team on **1800 362 867**.

Avant
Australia's Largest MDO

*Conditions apply

Tuesday 10 March 2009

0830 - 0915 Hand Infections Speaker: Angela Webb

0915 - 1015 Arthritis of the Hand Speaker: Bruce Johnstone

1015 - 1030 Morning Tea

1030 - 1130 Wrist Dynamics Speaker: Tony Berger

1130 - 1230 Fracture/Dislocations of the Hand Speaker: Damon Thomas

1230 - 1330 Lunch

1330 - 1430 Hand Tumours Speaker: David McCombe

1430 - 1530 Soft Tissue Sarcomas Speaker: Peter Choong

1530 - 1545 Afternoon Tea

1545 - 1630 Current Approaches to Brachial Plexus Speaker: Scott Ferris

1630 - 1730 Tendon Transfers for Nerve Injuries Speaker: Natasha Van Zyl

1900 Evening Social Program Dinner at Dish Restaurant, Royce Hotel

Wednesday 11 March 2009

0830 - 0915 Neck Dissections Speaker: Michael Leung

0915 - 1015 Facial Nerve Reconstruction Speaker: Christopher Coombs

1015 - 1030 Morning Tea

1030 - 1130 Oral Cavity Tumours Speaker: Eduard Pudal

1130 - 1230 Complications in Head and Neck Surgery Speaker: Russell Corlett

1230 - 1300 Lunch

1300 - 1345 Mandibular Reconstruction Speaker: Damien Grinsell

1345 - 1430 Lower Limb Reconstruction Speaker: Scott Ferris

1430 - 1445 Afternoon Tea

1445 - 1530 Developments in Personal Risk Management for the Medical Professional Presented by Genesys Wealth Advisors

1530 - 1615 Prosthetics Speaker: Brent Cadd

1615 - 1700 Vascular Malformations Speaker: Anthony Penington

Thursday 12 March 2009

0830 - 0930 Technological Advances of Implants Presented by Device Technologies

0930 - 1015 Current Management of Melanoma/
Sentinel Node Biopsy Speaker: Richard Bloom

1015 - 1030 Morning Tea

1030 - 1115 Rare Malignant Tumours of Skin Speaker: Sugitha Seneviratne

1115 - 1200 Pathology of Melanocytic Lesions Speaker: Andrew Ryan

1200 - 1300 Non Surgical Approaches to Skin Tumours Speaker: Alex Chamberlain

1300 - 1400 Lunch

1400 - 1515 Registrar Presentations Chair: Richard Bloom

1515 - 1530 Afternoon Tea

1600 - 1730 Orthobiologics Workshop at RACS Presented by Stryker

1900 Evening Social Program Dinner at the Royal Melbourne Yacht Squadron, Pier Rd, St. Kilda

Friday 13 March 2009

0900 - 0930 Breast Reduction Speaker: David Ying

0930 - 1015 Assesment of the Nose Speaker: Tony Holmes

1015 - 1100 Primary and Secondary Rhinoplasty Speaker: Tony Holmes

1100 - 1115 Morning Tea

1115 - 1200 History of Plastic Surgery Speaker: Ian Taylor

1200 - 1300 The Future of Plastic Surgery Speaker: Wayne Morrison

1300 Closing Remarks by Scientific Convenor Speaker: Richard Bloom

2009 Plastic and Reconstructive Surgery Registrars' Conference

9-13 March 2009

Registration Form

Please note registration at this conference is compulsory for SET 2-5 PRS surgical trainees. International Medical Graduates are welcome to attend.

REGISTRATION DUE 23 January 2009

Please complete this form and forward it to:

2009 Registrars' Conference
C/- Australian Society of Plastic Surgeons
Suite 503 Level 5 69 Christie St
St Leonards NSW 2065 Australia
Fax: +61 2 9437 9210
Email swargo@plasticsurgery.org.au

Delegate

Surname: _____ First Name: _____

Postal Address: _____

City: _____ Postcode: _____ Country: _____

Email: _____ Telephone: _____

Registration Fees

Please note: All registrations must be accompanied by full payment. Please make cheques payable to the Australian Society of Plastic Surgeons in Australian dollars.

PRS Surgical Trainee: total amount payable for registration \$440.00 AUD (including GST)

Registration Payment Summary

Method of Payment (please tick one box) Credit Card Cheque

Credit Card Authorisation

Please tick one box Master Card Visa Amex

Card Number

Expiry date /

Name on Card: _____

Signature: _____ Date: _____

Social Functions

Welcome Reception Sunday 8th March 2009

Yes I do wish to attend the Welcome Reception
(included in the delegate charge)

Dinner Tuesday 10th March 2009

Yes I do wish to attend the informal delegate dinner
(included in the delegate charge)

Conference Dinner Thursday 12th of March 2009

Yes I do wish to attend the conference dinner
(included in the delegate charge)

I have special dietary requirements _____

Examinations

I have registered to sit the American In Service Exam

Yes I am a SET 5 and would like to take the "Geelong Exam"

I am not SET 5 but I would like to observe the "Geelong Exam"

Yes I would like to take the ASAPS Essay Exam.

