

Program 2021 SET 2-5 Registrars' Conference 27 FEBRUARY – 2 MARCH

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Hosted by:





Endorsed by:



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WELCOME

Welcome to the 2021 Australasian Plastic and Reconstructive Surgery SET 2–5 Conference, 27 February – 2 March 2021 at the Savoy Hotel, Melbourne, Australia. Attendance at the conference is compulsory for all SET 2-5 Plastic and Reconstructive Surgery Trainees in Australia and New Zealand.

The delivery of the Conference this year is necessarily different from past years. We have been fortunate to be able to adapt the Program to leverage technology to navigate the challenges brought on by the pandemic. Faculty will present from a Melbourne hub (and remotely) with video streamed to 5 venues around Australia and New Zealand (Sydney, Brisbane, Adelaide, Perth & Christchurch).

We acknowledge the venue situation is neither ideal nor desired. Planning efforts have been extensive to balance and maximise educational impact with the ever-changing rules on gatherings. Regional hubs will provide an opportunity for trainee and sponsor to network. The introduction of social media (WhatsApp) will facilitate synchronous discussion and feedback to presenter – an innovative approach.

The scientific program is focused on core curriculum topics breast/chest and trunk reconstruction, breast aesthetic, hand surgery and ethics. The Organising Committee is dedicated to delivering the best possible experience for all. We are grateful for the efforts of all faculty, local facilitators and venues in helping us fulfil our vision. We hope you will enjoy this.

On Saturday evening regional trainee dinners are planned with the intension of bringing some of the "old world" conference vibes into this new world in which we all now live.

We thank our industry partners and sponsors for their support. Lastly we thank our Faculty and local facilitators for the generosity in donating their time.

We look forward to seeing you at the conference and online.

Yours sincerely

Nelson Low FRACS Co-convenor

M. Jinda

Michael Findlay FRACS Co-convenor

27 FEB to 2 MAR MEL | 2021

Organising Committee

Michael Findlay	Co Convenor, 2021 SET 2-5 Conference Consultant Plastic, Reconstructive and Hand Surgeon and Supervisor of Training- The Peter MacCallum Cancer Centre and The Canberra Hospital, AUSTRALIA Department of Surgery, Stanford University, Stanford, California, UNITED STATES									
Nelson Low	Co Convenor, 2021 SET 2-5 Conference Consultant Adult and Paediatric Plastic Reconstructive Surgeon at Monash Health, Melbourne									
William Blake	Chair, Australian Board of Plastic and Reconstructive Surgery									
Cheng Lo	Chair, Trunk Program, 2021 SET 2-5 Conference Head and Neck Reconstructive Service at Monash Health, Breast Reconstructive Service at Western Health and Burns Surgery at the Victorian Adult Burns Service at The Alfred									
Yvonne Chow	Chair, Breast Program, 2021 SET 2-5 Conference									
	Consultant Plastic Surgeon at Monash Health									
Jeanette Ting	Chair, Hand and Wrist Program, 2021 SET 2-5 Conference									
	Consultant Plastic Surgeon at Monash Health									
Satomi Koide	Co-Chair, Breast Program, 2021 SET 2-5 Conference									
	Consultant Plastic Surgeon at Monash Health and The Alfred									
Andrew Davidson	New Zealand Local Facilitator									
Rowan Gillies	New South Wales Local Facilitator									
Pouria Moradi	New South Wales Local Facilitator									
David Stewart	New South Wales Local Facilitator									
Raja Sawhney	Queensland Local Facilitator									
Kieran Rowe	Queensland Local Facilitator									
Amy Jeeves	South Australia Local Facilitator									
Phoebe Prowse	South Australia Local Facilitator									
Alex Turner	South Australia Local Facilitator									
Roger Woods	South Australia Local Facilitator									
Sharon Chu	Western Australia Local Facilitator									
Lip Teh	Western Australia Local Facilitator									
lan Timms	Western Australia Local Facilitator									
Colin Song	Western Australia Local Facilitator									
Brett Archer	Chair, Examination Preparation Senior Examiner, Plastic and Reconstructive Surgery, RACS									

Conference Secretariat

For event enquiries please contact:

Denise Sorrell Project Manager Australian Society of Plastic Surgeons

Tel: +61 9437 9200 Fax: +61 2 9437 9210 Mob: +61 412 861 456 E: projectmanager@plasticsurgery.org.au

General queries regarding SET:

AUSTRALIA

Greg Eliovson National Education and Training Manager ASPS Australian Board of Plastic and Reconstructive Surgery Tel: +61 2 9437 9205 Fax: +61 2 9437 9210

Email: geliovson@plasticsurgery.org.au

NEW ZEALAND

Trish Amos Executive Officer Training, NZAPS New Zealand Board of Plastic and Reconstructive Surgery Tel: +64 4 803 3020 Fax: +64 4 385 8873 Email: <u>trish.amos@plasticsurgery.org.nz</u>

CONFERENCE HIGHLIGHTS

Conference

Dates: 27 February - 2 March 2021

Venues and Addresses:	Speakers and VIC trainees	NSW Trainees and Local Facilitators
	The Savoy Hotel on Little Collins	
	Plaza Ballrom	Sir Stamford at Circular Quay
	630 Little Collins Street	93 Macquarie Street
	Melbourne	Circular Quay
	Phone: 03 9622 8888	Phone: 02 9252 4600
	QLD Trainees and Local Facilitators	SA Trainees and Local Facilitators
	RACS QLD Meeting Rooms	RACS SA Meeting Rooms
	Level 2, 59 Shafston Avenue	Level 2, 24 King William Street
	Kangaroo Point	Kent Town
	NZ Trainees and Local Facilitators	WA Trainees and Local Facilitators
	Manawa Centre	RACS WA Meeting Rooms
	276 Antigua Street	Suite 1, 216 Stirling Highway
	Christchurch, New Zealand	Claremont

This premier annual training activity includes a variety of high quality educational sessions. In 2021 the three topic areas to be covered are breast / chest and trunk reconstruction, breast aesthetic, hand surgery and ethics.

Registrar Presentations to win the Emmett Prize will also be featured.

Australian Board Chair, William Blake, shall provide an update on curriculum's implementation.

Australian Society of Plastic Surgeons Consultant, Jodie Atkin, will provide an update on ethics in the modern environment.

The Conference provides an opportunity for SET trainees to learn important areas of the SET P&RS curriculum from expert speakers in preparation for the fellowship exam.

SPONSORS ACKNOWLEDGEMENTS

The organizing committee would like to thank the following sponsors and exhibitors:

Platinum Sponsor



Gold Sponsors





Exhibitors





MAIN CONFERENCE PROGRAM

Satu	rday	27 Fe	brua	ry 202	2							
MEL/SY	/D	BRIS		PER		ADEL		NZ		Торіс		Presenter
10:00	10:10	9:00	9:10	7:00	7:10	9:30	9:40	12:00	12:10	Welcome from Convenors	5	Michael Findlay & Nelson Low
10:10	10:40	9:10	9:40	7:10	7:40	9:40	10:10	12:10	12:40	Exam Preparation and Tec	chniques	Brett Archer
10:40	11:10	9:40	10:10	7:40	8:10	10:10	10:40	12:40	13:10	Sponsor Presentation	Avant mutual	Sponsor - Avant
11:10	11:40	10:10	10:40	8:10	8:40	10:40	11:10	13:10	13:40	ASPS Ethical Framework		Jodie Atkin
11:40	12:40	10:40	11:40	8:40	9:40	11:10	12:10	13:40	14:40	Fundamentals of Research	n	Michael Findlay
12:40	13:45	11:40	12:45	9:40	10:45	12:10	13:15	14:40	15:45	Lunch – Sponsored	LifeHealthcare	No speaker
13:45	14:15	12:45	13:15	10:45	11:15	13:15	13:45	15:45	16:15	Curriculum Implementatio	on	William Blake
					Judg					<mark>itions (7 mins present & 2 r</mark> n Chong (NZ); Dylan James		
14:15	14:25	13:15	13:25	11:15	11:25	13:45	13:55		16:25	Thromboembolic Risks usi Microsurgery : A case seri	ing Haemostatic Matrix in	Brian Yue (VIC/TAS)
14:25	14:35	13:25	13:35	11:25	11:35	13:55	14:05	16:25	16:35	The Functional Anatomy of Angiosome and Its Implication Complication of Cosmetic	ations in Blindness as a	Sajna Shoukath (VIC/TAS)
14:35	14:45	13:35	13:45	11:35	11:45	14:05	14:15	16:35	16:45	Does concurrent vascular functional muscle flap rec plexus palsy	injury contra-indicate free onstruction for brachial	George Miller (VIC/TAS)
14:45	14:55	13:45	13:55	11:45	11:55	14:15	14:25	16:45	16:55	BRA - The Breast Reconstr	ruction App	Shiv Chopra (QLD)

14:55	15:05	13:55	14:05	11:55	12:05	14:25	14:35	16:55	17:05	Camouflage treatment of pectus excavatum: A new technique using a porous, patient-matched and bioresorbable scaffold	Matthew Cheng (QLD)
15:05	15:35	14:05	14:35	12:05	12:35	14:35	15:05	17:05	17:35	Afternoon Tea	
15:35	15:45	14:35	14:45	12:35	12:45	15:05	15:15	17:35	17:45	Bone flap perfusion in situ with dual-energy computed tomography (DECT): a feasibility and pilot study	David Sparks (NSW)
15:45	15:55	14:45	14:55	12:45	12:55	15:15	15:25	17:45	17:55	Sentinel Free Flaps for Solid Organ Transplant Patients - Perception Survey - Preliminary Results	Phaethon Karagiannis (NSW)
15:55	16:05	14:55	15:05	12:55	13:05	15:25	15:35	17:55	18:05	Use of biodegradable temporizing matrix in paediatric wound closure	Katiebeth Webster (NSW)
16:05	16:15	15:05	15:15	13:05	13:15	15:35	15:45	18:05	18:15	Prospective randomized cohort study to explore the acceptability of patient-reported outcome measures to patients of hand clinics	Kyra Sierakowski (SA) Don Robinson
16:15	16:25	15:15	15:25	13:15	13:25	15:45	15:55	18:15	18:25	Anatomical Subunit Approximation vs Rotation Advancement Treatment	Bryce Jackson (NZ)
16:25	16:35	15:25	15:35	13:25	13:35	15:55	16:05	18:25	18:35	A Systematic Review of Surgical Tracheostomy Incisions	Joseph Chen (NZ)
16:35	16:45	15:35	15:45	13:35	13:45	16:05	16:15	18:35	18:45	Aesthetic Implications of Radiotherapy Post Autologous Breast Reconstruction	Alexandra O'Neill (WA)

18:30 20:30 19:00	21:00 19:00 21:00 18:00	20:00	Conference Dinners	Var	ious locations
NSW venue:	QLD Venue:	SA Venue:	VIC Venue:	WA venue:	New Zealand:
Searock Grill	1889 Enoteca	Herringbone	Arc One Gallery	Sentinelbar	Monday night
Shop 15	10-12 Logan Road	72 Halifax Street	45 Flinders Lane	111 St George's Terrace	Athens Yacht Club
5 Macquarie Street Circular Quay	Brisbane	Adelaide	Melbourne	Perth	
Sydney					

MEL 27 FEB - 2 MAR 2021

Sunday	28 Fel	oruar	y 202	I							
MEL/S	SYD	BF	RIS	PI	ER	ADEL NZ Topic		Торіс	Presenter		
10:00	10:05	9:00	9:05	7:00	7:05	9:30	9:35	12:00	12:05	Introduction and Welcome	Chairs: Yvonne Chow and Satomi Koide
10:05	10:20	9:05	9:20	7:05	7:20	9:35	9:50	12:05	12:20	Breast Anatomy	Satomi Koide
10:20	10:50	9:20	9:50	7:20	7:50	9:50	10:20	12:20	12:50	Gynaecomastia	George Pratt
10:50	11:20	9:50	10:20	7:50	8:20	10:20	10:50	12:50	13:20	Breast Reduction	Damien Grinsell
11:20	11:50	10:20	10:50	8:20	8:50	10:50	11:20	13:20	13:50	Alloplastic Breast Reconstruction	Natalie Ngan
11:50	12:20	10:50	11:20	8:50	9:20	11:20	11:50	13:50	14:20	CTA In DIEP Planning	Warren Rozen
12:20	13:20	11:20	12:20	9:20	10:20	11:50	12:50	14:20	15:20	Lunch Sponsor Motiva® Implants The evolution of breast implants and key considerations for primary breast augmentation surgery	Justin Perron
13:20	13:50	12:20	12:50	10:20	10:50	12:50	13:20	15:20	15:50	Reconstruction Planning & Non DIEP Autologous Reconstruction	Derek Neoh
13:50	14:20	12:50	13:20	10:50	11:20	13:20	13:50	15:50	16:20	Partial Mastectomy Flap Reconstruction	Mansoor Mirkazemi
14:20	14:50	13:20	13:50	11:20	11:50	13:50	14:20	16:20	16:50	ALCL and Management	Anand Deva
14:50	15:20	13:50	14:20	11:50	12:20	14:20	14:50	16:50	17:20	Afternoon Tea	
15:20	15:50	14:20	14:50	12:20	12:50	14:50	15:20	17:20	17:50	Update on Breast Oncology	Corinne Ooi
15:50	16:20	14:50	15:20	12:50	13:20	15:20	15:50	17:50	18:20	Therapeutic Mammoplasty	Gillian Farrell

16:20	16:50	15:20	15:50	13:20	13:50	15:50	16:20	18:20	18:50	Autologous Breast & Nipple Reconstruction	Simon Overstall
16:50	17:20	15:50	16:20	13:50	14:20	16:20	16:50	18:50	19:20	Augmentation/Mastopexy Augmentation	Ed Ek
										Break	
18:00	20.00	17.00	19.00	15.00	17.00	17.30	19.30	20.00	22.00	ASAPS Essay (Optional) - virtual	ASAPS

MEL 27 FEB - 2 MAR 2021

Monda	y I Mai	rch 2	021								
MEL/	/SYD	BF	RIS	P	ER	AD	DEL	N	IZ	Торіс	Presenter
10:00	10:05	9:00	9:05	7:00	7:05	9:30	9:35	12:00	12:05	Introduction: Chest Trunk, Chest, Perineum	Chair: Cheng Hean Lo
10:05	10:50	9:05	9:50	7:05	7:50	9:35	10:20	12:05	12:50	Lymphoedema	Ramin Shayan
10:50	11:35	9:50	10:35	7:50	8:35	10:20	11:05	12:50	13:35	Perineal and Vaginal Reconstruction	Cheng Hean Lo
11:35	12:05	10:35	11:05	8:35	9:05	11:05	11:35	13:35	14:05	Congenital Abdominal Wall Defects (Gastrochisis, Omphalocoele, Urachal Cysts & Sinuses, Bladder Exstrophy)	Ram Nataraja
12:05	13:00	11:05	12:00	9:05	10:00	11:35	12:30	14:05	15:00	Lunch Sponsor Complex Wound Reconstruction with NovoSorb BTM: a novel synthetic dermal matrix	Sally Ng
13:00	13:30	12:00	12:30	10:00	10:30	12:30	13:00	15:00	15:30	Gender Dysphoria	Jaco Erasmus
13:30	14:00	12:30	13:00	10:30	11:00	13:00	13:30	15:30	16:00	Management of fistulas, buried penis +/- other urological conditions	Justin Chee
14:00	15:00	13:00	14:00	11:00	12:00	13:30	14:30	16:00	17:00	Gender Affirming Surgery	Tor Chiu
15:00	15:30	14:00	14:30	12:00	12:30	14:30	15:00	17:00	17:30	Afternoon Tea	
15:30	16:00	14:30	15:00	12:30	13:00	15:00	15:30	17:30	18:00	Trunk and Abdominal Wall Reconstruction	Julian Peters
16:00	17:00	15:00	16:00	13:00	14:00	15:30	16:30	18:00	19:00	Sarcoma Surgery- Planning, Excision and Reconstruction	Eldon Mah and Michael Lo

MEL 27 FEB - 2 MAR 2021

Tuesday	y 2 Ma	rch 2	021								
MEL/SYD		BRIS		PER		ADEL		NZ		Торіс	Presenter
10:00	10:05	9:00	9:05	7:00	7:05	9:30	9:35	12:00	12:05	Introduction and Welcome- Hand and Wrist	Chair: Jeannette Ting
10:05	10:35	9:05	9:35	7:05	7:35	9:35	10:05	12:05	12:35	TMR/RPNI/Upper Limb Transplantation	Rory Maher
10:35	11:05	9:35	10:05	7:35	8:05	10:05	10:35	12:35	13:05	Wrist Anatomy, Radiology and Carpal Biomechanics	Siddarth Karanth
11:05	11:35	10:05	10:35	8:05	8:35	10:35	11:05	13:05	13:35	Dupuytrens Disease – "State of the Art"	David Hunter-Smith
11:35	12:05	10:35	11:05	8:35	9:05	11:05	11:35	13:35	14:05	Congenital hand anomalies	David McCombe
12:05	13:00	11:05	12:00	9:05	10:00	11:35	12:30	14:05	15:00	Lunch	
13:00	13:30	12:00	12:30	10:00	10:30	12:30	13:00	15:00	15:30	Injuries and imbalances of the finger	Neela Janakiramanan
13:30	14:00	12:30	13:00	10:30	11:00	13:00	13:30	15:30	16:00	Rheumatoid arthritis	Anthony Berger
14:00	14:30	13:00	13:30	11:00	11:30	13:30	14:00	16:00	16:30	Principles of nerve and tendon transfers	Natasha Van Zyl
14:30	15:30	13:30	14:30	11:30	12:30	14:00	15:00	16:30	17:30	Brachial plexus examination and management	Scott Ferris
15:30	16:00	14:30	15:00	12:30	13:00	15:00	15:30	17:30	18:00	Afternoon tea	
16:00	16:30	15:00	15:30	13:00	13:30	15:30	16:00	18:00	18:30	Surgical Management of Osteoarthritis in Fingers & Thumb	Stephen Tham
16:30	17:00	15:30	16:00	13:30	14:00	16:00	16:30	18:30	19:00	Examination of the wrist	РСНо

EMMETT PRIZE PRESENTATIONS

Emmett Presentations

Date: 27 February 2021

Professor Anthony James Jephson Emmett donated seed funds for this prize to encourage 'the habit of enquiry and good records' in young trainees. Trainees selected at regional annual presentation days are eligible to present their research at the following Registrars' Conference. A three-person prize committee shall judge the Best Research presentation and the Best Clinical presentation. Each category winner will receive \$1,500 cash prize (money administered by ASPS).

For the Best Research presentation, registrars must submit a piece of original clinical research which provides analysis of formal research undertaken by the trainee related to Plastic and Reconstructive Surgery.

For the Best Clinical presentation, registrars must make a presentation related to any aspect of clinical practice including but not restricted to technique and analysis, new technique presentation review and analysis, morbidity/ mortality data from clinical series, prospective clinical trials and retrospective reviews of case series.

For more information see the Emmett Prize Policy (version 3).

REGISTRAR PRESENTATION SCHEDULE

Each presenter will be allocated 9 minutes (7-minute presentation and 2-minute questions).

The winners will be announced on Sunday 28 February. Collection of prize money is managed through ASPS office. Winners should contact Jennifer Nesini at <u>finance@plasticsurgery.org.au</u> with EFT banking details.

Winner of the Emmett Prize - Best Research Clinical Presentation category, will be eligible to submit their presentation for publication consideration in the Australian Journal of Plastic Surgery. Winners should contact Jacqueline Spedding at <u>journal@plasticsurgery.org.au</u> for journal article guidelines and submission details. All research category presenters are welcome to contact Jacqueline for journal submission enquiries.

SPECIAL ACKNOWLEDGEMENTS

The Australian Board of Plastic and Reconstructive Surgery thanks and acknowledges the generosity of faculty who have given their time.

Organising Committee

Michael Findlay (Co-convenor) Nelson Low (Co-convenor)

William Blake (Chair, Board of PRS) Brett Archer (Chair, Exam Preparation)

Local Facilitators

Andrew Davidson – New Zealand Lip Teh – Western Australia Ian Timms – Western Australia Sharon Chu – Western Australia Colin Song – Western Australia Raja Sawhney – Queensland Kieran Rowe – Queensland Amy Jeeves – South Australia Phoebe Prowse – South Australia Alex Turner – South Australia Roger Woods – South Rowan Gillies – New South Wales David Stewart – New South Wales Pouria Moradi – New South Wales <u>Chairs</u> Yvonne Chow Satomi Koide Cheng Lo Jeannette Ting

SET 2-5 Registrars' Conference Presenters

Jodie Atkin
George Pratt
Damien Grinsell
Natalie Ngan
Warren Rozen
Derek Neoh
Mansoor Mirkazemi
Anand Deva

Corrinne Ooi Gillian Farrell Simon Overstall Ed Ek Ramin Shayan Cheng Hean Lo Ram Nataraja Jaco Erasmus Justine Chee Tor Chiu Julian Peters Eldon Mah Michael Lo Rory Maher Siddharth Karanth David Hunter-Smith David McCombe Neela Janakiramanan Anthony Berger Natasha Van Zyl Scott Ferris Stephen Tham PC Ho

GENERAL INFORMATION

PHOTOGRAPHY, AUDIO AND VIDEO RECORDING OF SESSIONS

Audio, video taping and photography of any of the Conference sessions is **strictly forbidden**. Due to the confidential nature of the medical information in presentations, delegates are reminded to exercise care when discussing content outside the sessions.

CERTIFICATE OF ATTENDANCE

A certificate of attendance will be emailed to all registrars after the Conference concludes.

CERTIFICATE OF PARTICIPATION

A certificate of participation will be emailed to all presenters after the Conference concludes.

SPEAKERS PRESENTATIONS AND AV (In Person Speakers only)

To ensure the smooth transition between speaker presentations, you are required to check in your audio visual material with the audio visual technician well in advance of your presentation at the rear of the conference room. Presentations of each session will be loaded onto a secure server for access during and throughout the session. ASPS seeks your express consent to retain a copy of your presentation for educational purposes and reference for participating registrars (only).

LOST & FOUND

The Registrars Conference Secretariat is not responsible for any damaged, lost or stolen articles. Items found in any Conference facility should be handed to the Registration Desk or Local Facilitator where they may be claimed with ID.

WIFI

Free internet access will be available at each Conference location. You will be provided with passwords at the beginning of the Conference.

DISCLAIMER OF LIABILITY

The Organising Committee, including the Registrars Conference Secretariat, will not accept liability for damages of any nature sustained by participants or loss of or damage to their personal property as a result of the Conference or related events.

MOBILE PHONES AND PAGERS

Delegates are requested to turn mobile phones to silent and pagers turn off during sessions.

NON SMOKING POLICY

All conference venues are non-smoking. Smoking is only permitted in clearly demarcated areas.

DRESS CODES

Conference: smart casual Conference Dinners: casual

PRIVACY CLAUSE

In registering for this Conference relevant details will be incorporated into a delegate list (name, organisation and state/country only, in accordance with Privacy Legislation) and may be made available to parties directly related to the Conference including ASPS, organising committee, sponsors and exhibitors. The delegate list information will be added to ASPS database for future Conference planning. ASPS takes care with your personal information and privacy policy is available on ASPS website (click here).

PARKING (at your own expense) Melbourne

Carepark Parking Station opposite hotel (<u>click</u> <u>here</u>) – AUD \$35 per day

Sydney

Parking Station underneath venue, Sir Stamford Circular Quay (entrance via Albert Street)- \$30 per day special conference rate (self parking) or \$69 (valet parking) – ticket to be validated at Reception prior to leaving the hotel

Perth & Brisbane

RACS Office has kindly offered complimentary parking to attendees

Adelaide

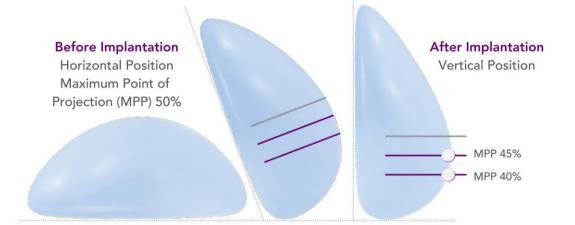
Off street parking available on weekends. During the week Carepark Parking Station <u>click</u> <u>here</u> – AUD \$11 per ay

New Zealand (Christchurch)

Wilson Parking Station – 18 Oxford Terrace (click here) – NZ\$14 per day

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LifeHealthcare are the proud distributors of Motiva® Implants within the Australian market, and as of 1st April 2021 will acquire distribution within the New Zealand market. Established in 2006, LifeHealthcare is consistently recognised by Australian and New Zealand healthcare professionals as a leading independent medical device distributor, partnering with world class companies who share our vision for providing meaningful, differentiated solutions that make a real difference to people's lives. Together, our people work closely with healthcare professionals to ensure the highest standards of patient care. LifeHealthcare has a broad portfolio of products in various channels that include Spine, Orthopaedics, Robotics, Plastics & Reconstructive Surgery and Interventional Neuro-Vascular Surgery.



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Rethink Reconstruction

A synthetic bioabsorbable scaffold for complex wound reconstruction. Minimises wound contracture by generating a neodermis to provide a robust foundation.¹

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3 months post

Complex wound from necrotising fasciitis

neodermis treatment

Pictured: Necrotising fasciitis survivor.1

Indicated for full or deep partial thickness burns and wounds, surgical and reconstructive wounds and traumatic wounds. Refer to the Instructions For Use for full device details. Reference: 1. Wagstaff MJD et al. Burns Open. 2019.

Leading support in your times of need – it's why more doctors choose Avant

Avant is more than an insurer, we provide holistic support for doctors that helps them practise at their best through challenging times.

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Dr Ravi Mahajani

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Conference Secretariat

For general enquiries please contact:

Denise Sorrell – Project Manager 2021 Registrar Conference Secretariat Australian Society of Plastic Surgeons

Suite G01, Ground Floor, 69 Christie Street St Leonards NSW 2065 Tel: +61 2 9437 9200 Mobil: +61 412 861 456 Fax: +61 2 9437 9210

Email: projectmanager@plasticsurgery.org.au Web: http://www.plasticsurgery.org

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