



Program

2023 Australasian SET Registrars Conference

4-9 MARCH

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WELCOME

Welcome to the 2023 Australasian Plastic and Reconstructive Surgery SET Registrars Conference, 4-9 March 2023 at the Pullman Sydney Hyde Park, Sydney, Australia. Attendance at the conference is compulsory for all Plastic and Reconstructive Surgery SET Trainees in Australia and New Zealand following attendance at a SET Induction Conference.

The program is 6 days from 4 March concluding 9 March 2023 with an emphasis on small group teaching with Practice Exam (4 & 5 March). The core topics being covered are Skin, Facial aesthetics and Craniofacial.

The Social Program will include a Welcome Drinks function, formal Conference Dinner & team building social activity to facilitate networking with your peers and industry sponsors. The trade exhibition is an integral part of the conference, with catering served in this area during each break to maximise interaction with sponsors, exhibitors and trainees.

All trainees are required to present a paper at regional presentation days. The winning candidates will present on Monday morning 6th March to compete for one of two Emmett Prizes for best clinical paper and best research paper (\$1500 each).

We also thank our many industry partners and sponsors for their support. We thank our New South Wales and interstate colleagues for generously giving their time to serve as the teaching faculty, examiners and anatomy demonstrators.

We look forward to seeing you at the conference.



Maryam Seyedabadi MBBS FRACS (Plast)
Conference Co-convenor
Australasian SET Registrars Conference



Vincent Choi FRACS MBBS MS FRACS (Plast)
Conference Co-convenor
Australasian SET Registrars Conference

4-9 March
2023
SYDNEY

Convenors

Maryam Seyedabadi

Convenor, 2023 Australasian SET Registrars Conference
MBBS FRACS (Plast)
Specialist Plastic Surgeon

Vincent Choi

Convenor, 2023 Australasian SET Registrars Conference
MBBS MS FRACS (Plast)
Specialist Plastic Surgeon

Conference Secretariat

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Exhibitors



Advertising



CONFERENCE HIGHLIGHTS

Conference Dates: 4-9 March 2023

Practice Exam **SET 4.2 and 5 only** (*SET 3.2 and SET 4.1 Aust & SET 3 NZ can observe*)

Date: Saturday 4 March
Time: 7:30am – 1:30pm
Venue: Ambulatory Care Centre—Royal North Shore Hospital
Address: Level 3, Acute Services Building, Reserve Road, St Leonards
Bus depart Pullman Sydney Hyde Park at 7:00am sharp.

Date: Sunday 5th March
Time: 8:30am – 11:30am
Venue: The University of Sydney
Address: School of Medical Sciences, Faculty of Medicine and Health
F13 Anderson Stuart Building | The University of Sydney
Bus departs Pullman Sydney Hyde Park at 8:00am sharp.

The Practice Examination provides trainees an opportunity to experience a pseudo-Fellowship Examination environment. Trainees preparing to attempt to sit the Fellowship Examination within the next 18-24 months are the target audience. ([see attendance policy](#))

The Practice Examination will be conducted under examination conditions between 8:00am-2:00pm Saturday and 9:00am-12:00pm Sunday.

The practice examination will consist of 1 long case; 3 short cases; 30min of slides including 1 long slide and 3 short slides on the Saturday and then finish on Sunday with anatomy utilising cadaver prosections.

Refer to RACS policies for:

1. [Observers of the Fellowship Examinations](#)
2. [Fellowship Examination](#)
3. [Fellowship Examination Eligibility and Examination Performance Review](#)

Welcome Reception

The ASPS Council invite you to attend the Welcome reception on Sunday evening

Date: Sunday 5th March 2023
Time: 6:00pm to 8:30pm
Venue: Watersedge at Campbell's Stores—Opera House Room
Level 2, 7-27 Circular Quay West, The Rocks (Entrance on Hickson Road)
Dress: Cocktail attire

CONFERENCE HIGHLIGHTS

Main Conference

Dates: 6-9 March 2023
Venue: Pullman Sydney Hyde Park
Address: 36 College Street, Darlinghurst NSW 2010

This premier annual training activity includes a variety of high quality educational sessions. In 2023 the three topic areas to be covered are Skin, Facial aesthetics and Craniofacial.

Registrar Presentations to win the Emmett Prize will also be featured.

The Conference provides an opportunity for SET trainees to learn important areas of the SET P&RS curriculum from expert speakers in preparation for the fellowship

Social Activity

ASPS Amazing Race

Date: Monday 6 March 2023
Time: 1:00pm - 6:00pm

Trainees will participate in an action packed adventure where teams navigate their way around the local streets undertaking team based challenges.

Teams will be issued with a list of cryptic clues to various locations across Sydney city and surrounding suburbs and must walk or use public transport to reach the various checkpoints. These checkpoints will incorporate team based activities known as “roadblocks” where teams earn points towards their overall score.

The race will conclude with informal drinks and debrief where prizes will be awarded to the winning team.

Conference Dinner

Date: Wednesday 8 March 2023
Time: 7:00pm to 11:00pm
Venue: Café Del Mar
Address: 35 Wheat Road, Sydney
Dress: Formal attire

MOCK EXAM PROGRAM

Saturday 4 March 2023

Royal North Shore Hospital

- 7:20-7:50 Registration
- 7:50-8:00 Introduction and welcome
- 8:00-8:25 The Fellowship exam—Peter Hayward

<u>LONG CASE</u>	<u>SHORT CASES</u>	<u>LONG/SHORT SLIDES</u>
30 minutes total 25min exam 5min feedback Clinic 1	20 minutes total 3 x 5min exam 5min feedback Clinic 3	30 minutes total 1 x 10min long + 3 x 5min short 5min feedback Clinic 1
4 AM examiners, 4 AM patients	4 AM examiners, 12 AM patients	4 AM examiners, no patients
8:30-9:00 A1/A2/A3/A4	8:30-8:50 E1/E2/E3/E4	8:30-9:00 G1/G2/G3/G4
9:05-9:35 D1/D2/D3/D4	8:55-9:15 F1/F2/F3/F4	9:05-9:35 E1/E2/E3/E4
9:40-10:10 C1/C2/C3/C4	9:20-9:40 G1/G2/G3/G4	9:40-10:10 F1/F2/F3/F4
10:15-10:45 B1/B2/B3/B4	9:45-10:05 A1/A2/A3/A4	10:15-10:45 D1/D2/D3/D4
SESSION BREAK		
Participants and Observers to return to clinic by 11:15		
4 PM examiners, 4 PM patients	4 PM examiners, 12 PM patients	4 PM examiners, no patients
11:30-12:00 E1/E2/E3/E4	11:30-11:50 B1/B2/B3/B4	11:30-12:00 C1/C2/C3/C4
12:05-12:35 F1/F2/F3/F4	11:55-12:15 D1/D2/D3/D4	12:05-12:35 B1/B2/B3/B4
12:40-13:10 G1/G2/G3/G4	12:20-12:40 C1/C2/C3/C4	12:40-13:10 A1/A2/A3/A4
LUNCH—EXAMINERS AND PATIENTS - From 12:45 to 13:45		

Notes: Participants are numbered A1, A2, A3, A4, B1, B2, ..., G3, G4

Observers are numbered the same and must accompany the participants with the same number.

Participants must remain in the examination area until the session break.

Catering is only provided for examiners. (Zouki café is open for rest and refreshments)

Mobile phones and smart watches to be handed in upon arrival and will be returned for the session break only.

All participants/observers will have waiting time between activities. This may vary for each group.

Bus will depart Pullman Hyde Park at 07:00 sharp.

Bus will depart RNSH at 13:30. Anyone finishing their exam earlier may also make their own way back to the hotel.

MOCK EXAM PROGRAM

Sunday 5 March 2023

Sydney University Anatomy

The stations will examine:

1. Upper limb & axilla
2. Lower limb & pelvis
3. Abdomen & perineum
4. Thorax & back
5. Head & neck
6. Craniomaxillofacial
7. Bony attachments
8. Rest station

Timing:

09:00 - 09:30 Session 1

09:40 - 10:10 Session 2

10:20 - 10:50 Session 3

11:00 - 11:30 Session 4

Each anatomy session will be 32 minutes (4 minutes / station)

No changeover time. Participants will move from one station to another immediately as they would in the actual exam. Please wear closed toe shoes and appropriate exam attire.

Sunday 5 March 2023

ASAPS ESSAY Sydney University

ASAPS Essay for SET 4 & SET 5 Trainees

Time: 12:00pm - 2:00pm

Address: Seminar room N221 (Bishop Lab) | Level 2 (ground floor from the Eastern Ave entrance)
School of Medical Sciences, Faculty of Medicine and Health F13 Anderson Stuart Building
The University of Sydney

Sunday 5 March 2023

Welcome Function

Welcome Drinks:

The ASPS Council invite you to attend the Welcome drinks event on Sunday evening

Date: Sunday 5th March 2023

Time: 6:00pm - 8:30pm

Venue: Watersedge at Campbell's Stores - Opera House Room
Level 2, 7-27 Circular Quay West, The Rocks, Sydney
(Entrance on Hickson Road)

Dress: Cocktail attire

EMMETT PRIZE PRESENTATIONS

Emmett Presentations

Date: 6 March 2023

Professor Anthony James Jephson Emmett donated seed funds for this prize to encourage 'the habit of enquiry and good records' in young trainees. Trainees selected at regional annual presentation days are eligible to present their research at the following Registrars' Conference. A four-person prize committee shall judge the Best Research presentation and the Best Clinical presentation. Each category winner will receive \$1,500 cash prize (money administered by ASPS).

For the Best Research presentation, registrars must submit a piece of original clinical research which provides analysis of formal research undertaken by the trainee related to Plastic and Reconstructive Surgery.

For the Best Clinical presentation, registrars must make a presentation related to any aspect of clinical practice including but not restricted to technique and analysis, new technique presentation review and analysis, morbidity/mortality data from clinical series, prospective clinical trials and retrospective reviews of case series.

For more information see the [Emmett Prize Policy](#) (version 3).

REGISTRAR PRESENTATION SCHEDULE

Each presenter will be allocated 9 minutes (7-minute presentation and 2-minute questions).

The winners will be announced on Wednesday 8 March. Collection of prize money is managed through ASPS office. Winners should contact Jennifer Nesini at finance@plasticsurgery.org.au with EFT banking details.

Winner of the Emmett Prize - Best Research Clinical Presentation category, will be eligible to submit their presentation for publication consideration in the Australian Journal of Plastic Surgery. Winners should contact Jacqueline Spedding at journal@plasticsurgery.org.au for journal article guidelines and submission details. All research category presenters are welcome to contact Jacqueline for journal submission enquiries.

Emmett Prize Presenters & Topics

9:00	George Castrisos	Effect of local anaesthesia on reporting margins of skin lesions: a prospective pilot study
9:10	Tavis Read	Sarcopaenia in patients undergoing abdominal based autologous free flap breast reconstruction – a prospective, non-randomised, single centre study
9:20	Steven Cook	Cleft lip and palate in South Australia 1998-2022: an analysis of geographical distributions
9:30	Justin Parr	Operative autonomy in a gender balanced cohort of surgical trainees
9:40	Rebecca McLean	Tranexamic acid & antibiotics in breast implant surgery
9:50	Henry Shepherd	Laparoscopic DIEP flap
10:00	Sonia Sinclair	Lower body lift and autologous augmentation using SGAP flap
10:10		BREAK
10:30	Hardeep Jhattu	Longitudinal groove of the middle phalanx
10:40	Harley Myers	Standardised smart-phone free-flap photography technique
10:50	Joe Overland	Metastatic rate of cutaneous squamous cell carcinoma (cSCC) of the auricle
11:00	Sibon Fuzzard	A pilot study in PIPJ injuries in AFL footballers – are we seeing the tip of the iceberg?
11:10	Peter Kenner	Long term outcome following free flap reconstruction for lower limb trauma at Royal Perth Hospital

MAIN CONFERENCE PROGRAM

Monday 6 March 2023

Pullman Sydney Hyde Park

08:00-08:55	Conference registration (includes morning tea)	(55 mins)
08:55-09:00	Welcome from convenor	Maryam Seyedabadi
09:00-11:30	Emmett Prize presentation	
11:30-12:30	Lunch	(1 hr)
13:00-17:00	Team building activity – ASPS Amazing Race (Active attire and sports shoes required)	
17:00-18:00	Team award presentation and debrief with social drinks at the completion of the race.	

Fellowship Opportunity

Launceston Regional Plastic Surgery Fellowship

Applications and interviews in July/August

The Launceston General Hospital is a 349-bed regional teaching hospital that provides medical care to the city of Launceston and to a relatively large but sparsely populated area spanning the Northern and North-Western Tasmanian regions, which includes King and Flinders Islands.

The plastic and reconstructive surgery department has five consultants, one Fellow, one accredited registrar, three non-accredited registrars, one resident and one intern.

Due to the geographic isolation from the mainland and the accompanying logistical hurdles in referring patients across the Bass strait, the unit offers services for a broad range of plastic and reconstructive indications. The emphasis is on skin cancer, elective and traumatic hand conditions, head and neck malignancy, breast, pelvic and abdominal wall reconstruction, minor burns, pressure injuries and other wounds, and maxillofacial trauma in adult and paediatric populations. The Fellowship also uniquely allows for training in cosmetic surgery and injection techniques.

For more information contact supervisor, Dr Mikko Larsen Mikko@mikkoplasticsurgery.com.au

MAIN CONFERENCE PROGRAM

Tuesday 7 March 2023

Pullman Sydney Hyde Park

07:45-07:55 Day commences

07:55-08:00 Introduction and welcome *Maryam Seyedabadi*

08:00-10:00 Formal lectures on skin *FACULTY*

08:00 - Tumours of the skin and integument *Quan Ngo*

08:30 - Melanoma *Michael Rtshiladze*

09:00 - Advances and management of non melanoma skin cancer *Sydney Ch'ng*

09:30 - Non surgical management of skin cancers *Burcu Kim*

10:00-10:30 Morning tea (Exhibition)

10:30-11:00 PolyNovo Sponsored Presentation - Tissue Engineering *Peter Maitz*

11:00-13:00 Formal Lectures on skin *continued* *FACULTY*

11:00 - Radiation therapy in cutaneous malignancies *Gerald Fogarty*

11:30 - Paediatric skin lesions *Linda Martin*

12:00 - Sarcoma *Vincent Choi*

12:30 - Confocal microscopy and dermoscopy *Christoph Sinz*

13:00-13:30 3M Sponored Presentation - Negative Pressure Wound Therapy *Sally Ng*

13:30-14:30 Lunch (Exhibition)

14:30-15:55 Breakout Sessions: Tutorials of 25 mins each, 5 min changeover
Small group tutorials: 5 groups + facilitator *Rotating every 25 minutes*

14:30-14:55 - Emergency management of severe burns *Justine O'Hara*

15:00-15:25 - Chemical and electrical burns *Peter Maitz*

15:30-15:55 - Paediatric burns *John Harvey*

15:55-16:20 Afternoon tea (Exhibition)

16:20-17:15 5 groups + facilitator *Rotating every 25 minutes*

16:20-16:45 - Burns reconstruction and laser management *Andrea Issler-Fisher*

16:50-17:15 - Complex Reconstruction of Burns/ Salvage *Bish Soliman*

17:15 Day closes



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07:45-07:55	Day commences	
07:55-08:00	Welcome and introduction	
08:00-10:00	Formal lectures on Facial Aesthetics Part 1	
08:00	- Blepharoplasty	Naveen Somia
08:30	- Facial assessment & aging	Jeremy Hunt
09:00	- Rhinoplasty & genioplasty	Jeremy Hunt
09:30	- Facelift/neck lift	Jeremy Hunt
10:00-10:30	Morning tea (Exhibition)	
10:30-12:00	Formal lectures on Facial Aesthetics Part 2	
10:30	- Asian eyelid surgery	Chris Ahn
11:00	- Non-surgical rejuvenation – lasers	Charles Cope
11:30	- Mohs surgery	Matthew Lin (Pre-recorded)
12:00-12:30	Break (Exhibition)	
12:30-13:00	Injectables demonstration	Steven Liew (Pre-recorded)
13:00-13:30	Injectables presentation	Steven Liew (Live)
13:30-14:00	Lunch (Exhibition)	
14:00-15:10	Small group tutorials: 8 groups + facilitator (injecting sessions with live patients)	Steven Liew
	- Toxin – forehead/brow and eyes	
	- Toxin – lower face – lip/masseter	
	- Filler – mid face	
15:10-15:40	Afternoon tea (Exhibition)	
15:40-16:55	Injecting sessions <i>continued</i>	Steven Liew
	- Filler – temples/upper face	
	- Filler – lips	
	- Filler – jaw line	
16:55	Day closes	
19:00-23:00	Conference formal dinner at Café Del Mar 35 Wheat Road, Sydney	

Afternoon sessions proudly sponsored by:

Allergan Aesthetics

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07:25-07:30	Welcome & introduction	
07:30-08:00	Cleft lip	Catherine Boorer
08:00-10:00	Formal lectures on Craniofacial	
08:00	- Cleft palate	Kevin Ho
08:30	- Brow lift	Gazi Hussain
09:00	- Speech assessment & velopharyngeal insufficiency	David Fitzsimons
09:30	- Orthognathic surgery	Lydia Lim
10:00-10:30	Morning tea (Exhibition)	
10:30-12:30	Formal lectures on Craniofacial <i>continued</i>	Chris Forrest
10:30	- Non syndromic craniosynostosis and positional plagiocephaly	
11:00	- Syndromic craniosynostosis	
11:30	- Time line management of craniosynostosis	
12:00	- Management of craniosynostosis	
12:30-13:00	Avant - Responding to complaints	Georgie Haysom & Ruanne Brell
13:00-14:00	Lunch (Exhibition)	
14:00-15:35	Small group tutorials: 3 groups + facilitator	Rotating every 30 minutes
	- Craniofacial 1	Chris Forrest
	- Craniofacial 2	Damian Marucci
	- Craniofacial 3	Michael Rtshiladze
15:40-16:00	Afternoon tea (Exhibition)	
16:00-17:35	Small group tutorials continues: 6 groups + facilitator	Rotating every 20 minutes
	- Speech assessment (<i>Cook 1</i>)	David Fitzsimons
	- Cleft rhinoplasty (<i>Plenary Room</i>)	Peter Hayward & Alice Chang
	- Microtia (<i>Cook 2</i>)	John Vandervord
	- Facial Fractures (<i>Plenary room</i>)	Gavin Sandercoe & Maryam Seyedabadi
17:35	Day closes	

SPECIAL ACKNOWLEDGEMENTS

The Australian Board of Plastic and Reconstructive Surgery thanks and acknowledges the generosity of faculty who have given their time.

Organising Committee

Maryam Seyedabadi
Vincent Choi

Special Thanks

Ania Smialkowski
Varun Harish

Local Faculty

Chris Ahn	Roger Haddad	Ilias Kotronakis	Johnny Kwei
Harith Alani	Peter Hayward	Johnny Kwei	Michael Rtshiladze
Richard Atkinson	Frank Hsieh	Sepehr Lajevardi	Gavin Sandercoe
Catherine Boorer	Kevin Ho	Steven Liew	Graham Sellars
Sydney Ch'ng	Jeremy Hunt	Peter Maitz	Bish Soliman
Jeon Cha	Gazi Hussain	Damian Marucci	Naveen Somia
Alice Chang	Vlad Illie	Quan Ngo	James Southwell-Keely
Charles Cope	Leo Kim	Justine O'Hara	John Vandervord
			Alexander Varey

Industry Partners

Andrea Issler-Fisher	Lydia Lim
David Fitzsimons	Matthew Lin
Gerald Fogarty	Linda Martin
Chris Forrest	Christoph Sinz
John Harvey	

GENERAL INFORMATION

PHOTOGRAPHY, AUDIO AND VIDEO RECORDING OF SESSIONS

Audio, video taping and photography of any of the Conference sessions is **strictly forbidden**. Due to the confidential nature of the medical information in presentations, delegates are reminded to exercise care when discussing content outside the sessions.

CERTIFICATE OF ATTENDANCE

A certificate of attendance will be emailed to all registrars after the Conference concludes.

CERTIFICATE OF PARTICIPATION

A certificate of participation will be emailed to all presenters after the Conference concludes.

SPEAKERS PRESENTATIONS AND AV

To ensure the smooth transition between speaker presentations, you are required to check in your audio visual material with the audio visual technician well in advance of your presentation at the rear of the conference room. Presentations of each session will be loaded onto a secure server for access during and throughout the session. ASPS seeks your express consent to retain a copy of your presentation for educational purposes and reference for participating registrars (only).

LOST & FOUND

The Registrars Conference Secretariat is not responsible for any damaged, lost or stolen articles. Items found in any Conference facility should be handed to the Registration Desk or Local Facilitator where they may be claimed with ID.

DISCLAIMER OF LIABILITY

The Organising Committee, including the Registrars Conference Secretariat, will not accept liability for damages of any nature sustained by participants or loss of or damage to their personal property as a result of the Conference or related events.

MOBILE PHONES AND PAGERS

Delegates are requested to turn mobile phones to silent and turn off pagers during sessions.

NON SMOKING POLICY

All conference venues are non-smoking. Smoking is only permitted in clearly demarcated areas.

DRESS CODES

Conference: Smart casual

Conference Dinner: Formal

Conference Welcome Drinks: Cocktail

Social Activity - Amazing Race: Comfortable active wear and sports shoes suitable for walking

PRIVACY CLAUSE

In registering for this Conference, relevant details will be incorporated into a delegate list (name, organisation and state/country only, in accordance with Privacy Legislation) and may be made available to parties directly related to the Conference including ASPS, organising committee, sponsors and exhibitors. The delegate list information will be added to ASPS database for future Conference planning. ASPS takes care with your personal information and privacy policy is available on ASPS website ([click](#) here).

TRANSPORT AND PARKING

Own arrangements and expense. Self car parking is available at the hotel for \$30 per day for conference delegates or overnight for \$45. Entry is from Francis Street however space is limited.

COVID SAFETY GUIDELINES

At the conference you will be required to comply with the COVID Safety Guidelines and protocols in place at the venues. These will be aligned and compliant with the Government Health Department advice at that time.

Pullman Sydney Hyde Park

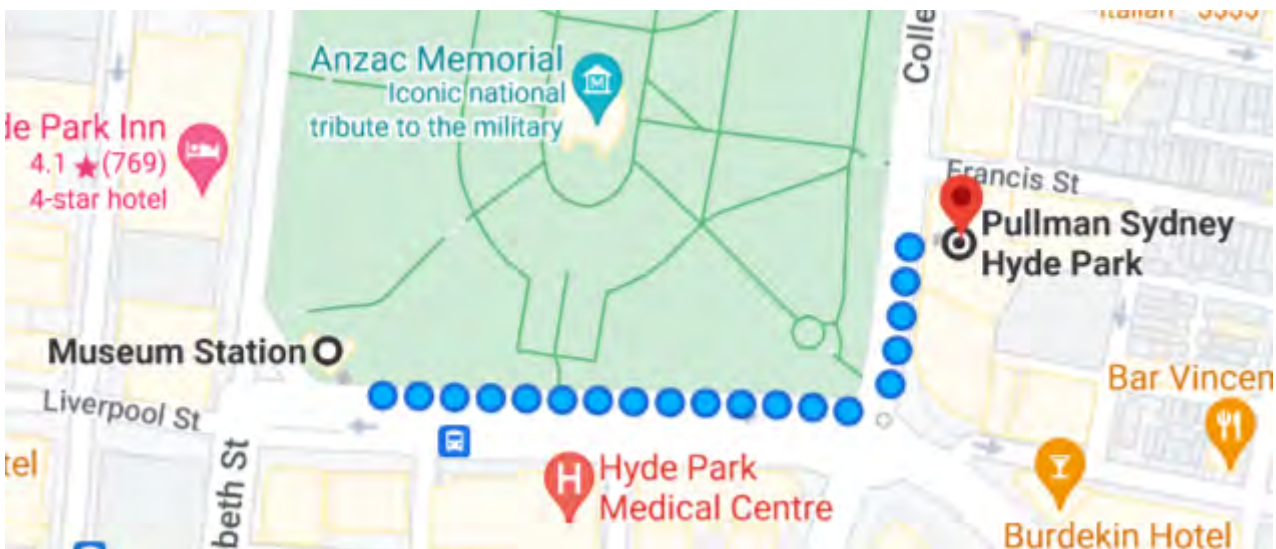
36 College Street, Darlinghurst



The Pullman Sydney Hyde Park is less than 5 minutes walk from Museum station.

Museum station is 4 stops from the Domestic Airport (5 from International) and takes 15 minutes by train.

This may be a quicker alternative than a taxi if there are long queues or you are travelling during peak hour as trains run every 7-8 minutes.. You may like to download the TripView or TrioView Lite App.



Royal North Shore Hospital - Ambulatory Care Centre

Level 3, Acute Services Building, Reserve Road, St Leonards

Royal North Shore Hospital Visitor Map

Updated November 2015



Welcome to RNSH

- 15 min drop-off and pick-up parking is available at the Main Entry & Emergency.
- Best parking for patients & visitors is P2.
- Parking Office is in P2 car park.
- Meter parking also available.

KEY	
	Emergency
	Main Entry
	Bus
	Taxi
	Train
	Lift to train
	Main car park
	Disabled parking
	Meter parking
	1 hour parking
	Up to 5 hours parking
	15 min parking
	Pedestrian entry

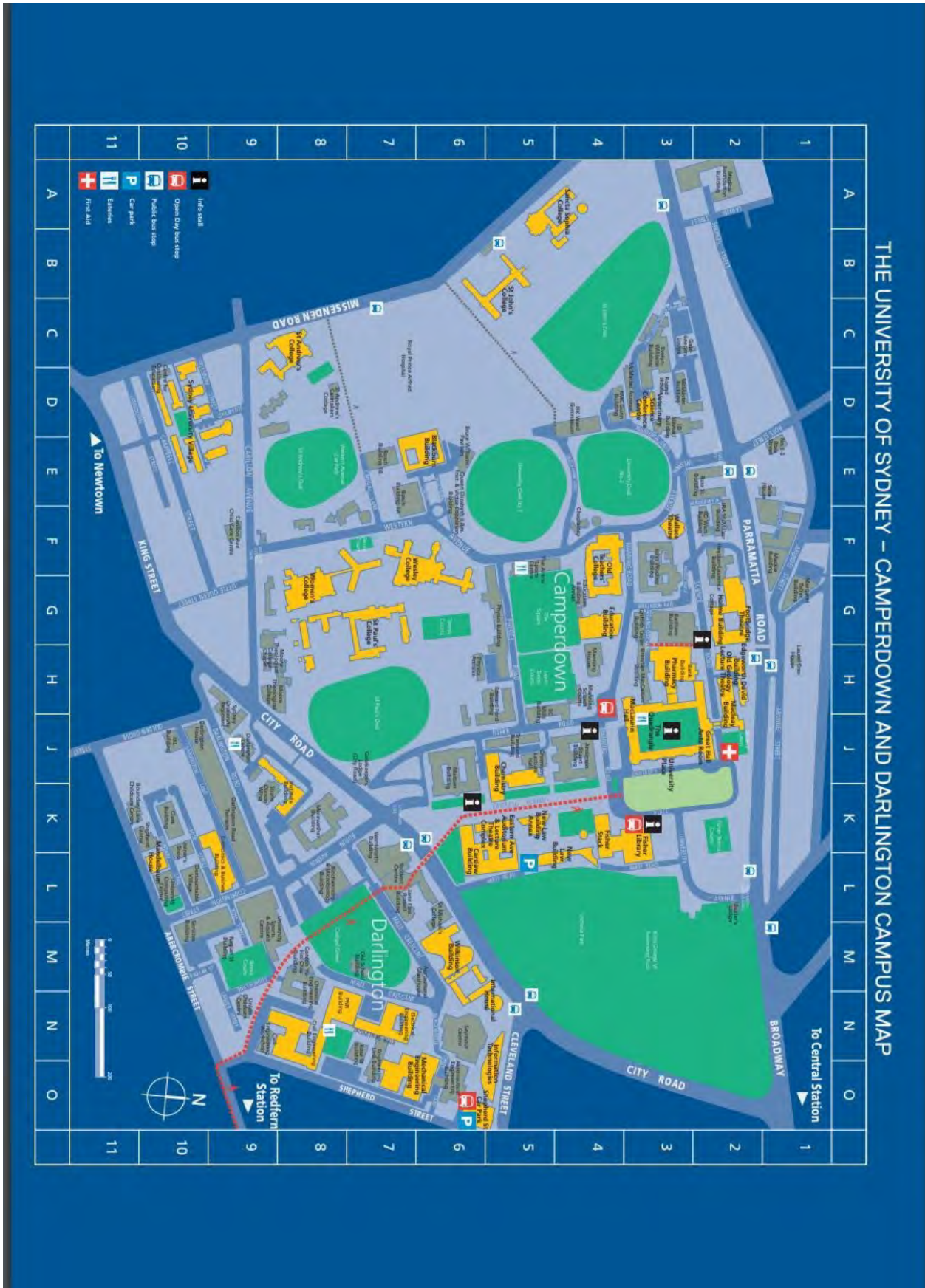
- Patients and visitors please use P2 car park.
- Concession card holders use P2 car park.
- Meter parking is available in marked areas.
- Disabled parking is available in all meter parking areas and multi-storey car parks. Disabled parking permit must be displayed if you're parking in a disabled bay. Ask for a disabled parking information map at the Information Desk or Parking Office, or visit the website.
- Parking fees apply at RNSH and adjacent Council areas. Check signs for fees and time limits.
- Bicycle parking available in P2 and P1.

Wilson Parking 9438 1976 | Public transport 131 500 | RNSH 9926 7111

The University of Sydney

School of Medical Sciences, Faculty of Medicine and Health

F13 Anderson Stuart Building



See J4 on above map

Watersedge at Campbell's Stores



Watersedge is located at Campbells Cove in the Rocks which is an 8 minute walk from Circular Quay Station.

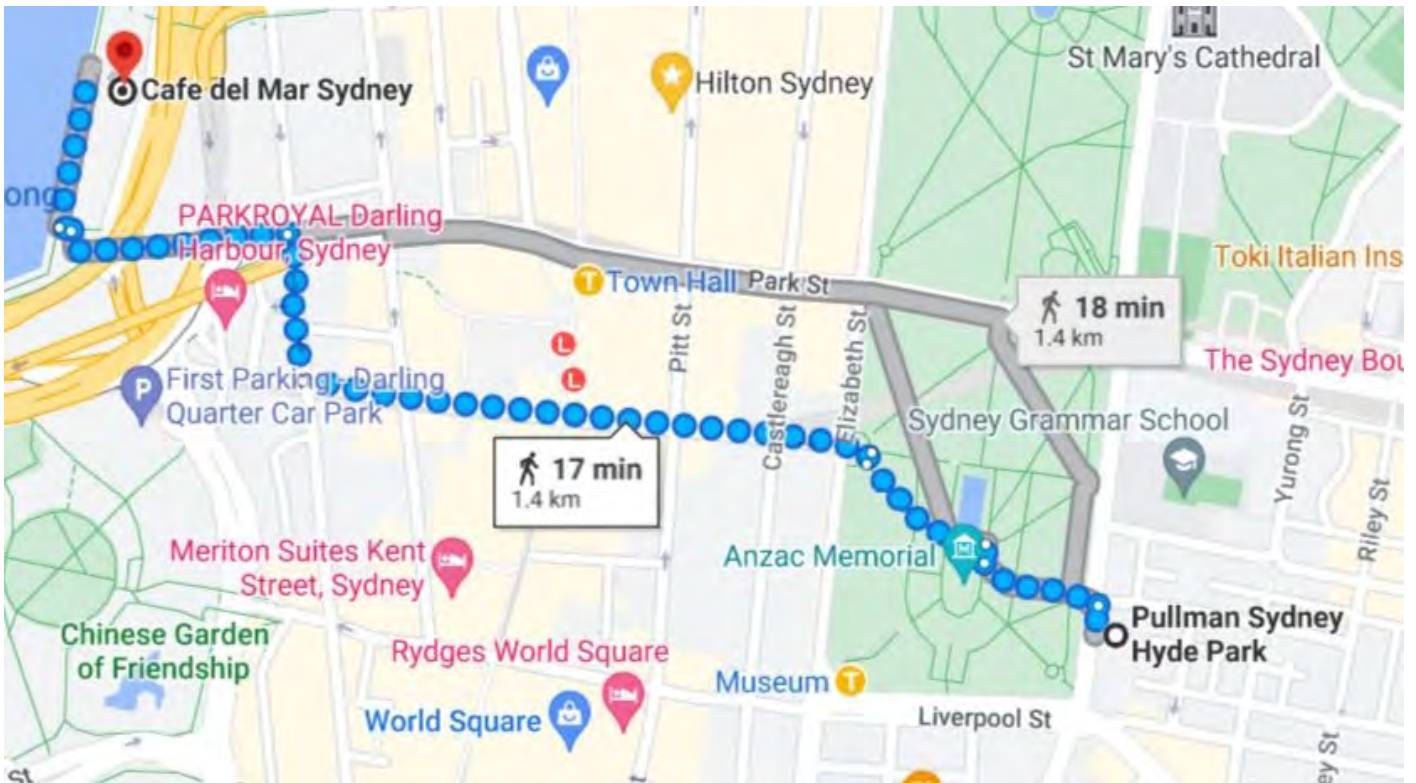
Circular Quay is 2 train stations away from Museum station which takes 5 minutes.

Entrance to the venue is located in the middle of the building, up the stairs on Hickson Road.

Taxis can drop you directly to Hickson Road.

Café Del Mar

35 Wheat Road, Sydney





Conference Secretariat

For general enquiries please contact:

Letitia Knight - Events Manager

2023 Registrars Conference Secretariat

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